Product Design II



A complete ambience experience

Light, colour, ascent, sound and acoustic

Guide: Prof. Purba Joshi

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Approval

Industrial Project II

Wisp: A complete ambience experience

Submitted by

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is approved as a partial fulfilment of post graduate degree in Industrial Design.

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Declaration

I declare that the content produced in this project report is an original piece of work. Adequate citations and references have been included along with the original sources wherever applicable.

I also declare that I have adhered to all principles of academic honesty and integrity and have not misrepresented or fabricated or falsified any idea / data / fact / source in my submission.

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M.Des Industrial Design 2023-2024 IDC, IIT Bombay

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Design Investigation

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Design Process

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1.1 Introduction

What is an Ambience?

Ambience refers to the atmosphere, mood, or environment that surrounds and pervades a particular place, setting, or situation. It encompasses the sensory qualities of a location or experience, including the sounds, scent, lighting, decor, temperature, and other factors that contribute to the overall feeling or character of a space.

Ambience can be used to describe the overall impression or vibe of a place, such as a cozy and inviting ambiance in a café with soft music and warm lighting, or a serene and peaceful ambiance in a tranquil garden. It can also refer to the background sounds or noises in a specific setting, like the ambient sounds of a forest, the hum of a city street, or the quiet of a library.

In various contexts, the term "ambience" is often used to discuss the sensory elements that create a specific mood or feeling, whether it's in a physical location, a piece of music, a film, or a work of literature. It plays a crucial role in setting the tone and influencing the overall experience in different situations.

1.2 Elements of an ambience environment

Major elements of an ambience Environment:

Lighting & Colour

Lighting is a fundamental element in setting the mood of a space. The intensity, color, and direction of light can create a warm and inviting ambiance or a cool and clinical one. Natural light, artificial lighting fixtures, and the use of shadows all play a role in defining the atmosphere. Bright and bold colors may create a lively and energetic atmosphere, while softer and neutral colors can produce a calm and soothing environment.

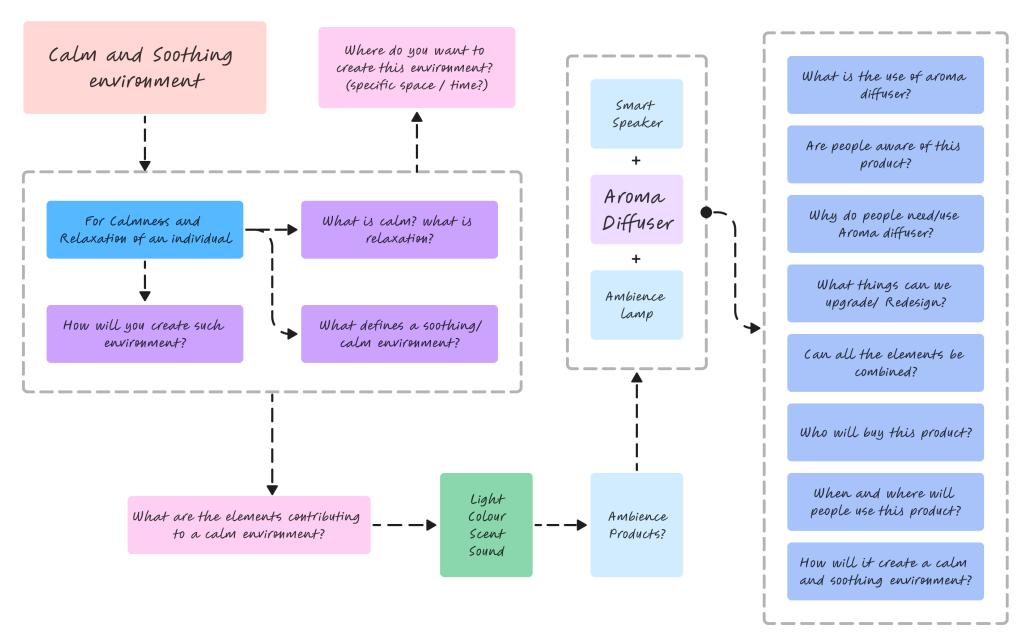
Scent

Fragrances and odors can have a significant impact on ambience. Pleasant scents, such as those from flowers, essential oils, or freshly baked goods, can enhance a positive atmosphere. Unpleasant odors, on the other hand, can be distracting and create a negative ambiance.

Sound & Acoustics

The ambient sounds in a space, including background music, the hum of conversation, or the absence of noise, influence the mood. The acoustics of a space can also affect how sounds are perceived, making it feel either lively or hushed.

1.3 Product Identification & proposition



1.4 Design brief & Objectives

To redesign an Evaporative Aroma Diffuser, by incorporating other elements such as Light, Sound, Scent and colour to provide a calm and soothing experience to the user, with a focus on enhancing its overall form, functionality, safety, and additional features.

Design objectives:

Product Interface

- Create an intuitive and user-friendly interface for easy operation.
- Incorporate a smart interactive screen for displaying relevant information and control options.
- Enable customization of settings, scheduling, and remote control via mobile device.

Sound and light

- To provide soothing natural sounds with customizable features.
- Incorporate a smart lighting system with customizable intensity and colour.

Safety and Maintenance

- To provide safety mechanisms to prevent overheating and electrical hazards.
- Include automatic shut-off functions for user safety.
- To design components for easy disassembly and cleaning.

Part 2 Area of research

Chapter 2

Therapy, Light & Colour theory

- 2.1. Aromatherapy & White noise therapy
- 2.2 Colour theory in the field of Design
- 2.3 Circadian Rhythms and Lighting
- 2.4 Mood lighting

Product & User study

- 2.5 Types of aroma diffuser
- 2.6 Ultrasonic Aroma/Essential oil Diffuser
- 2.7 Existing Technology & components
- 2.8 Defining user groups
- 2.9 User interview & Demographics

2.1 Aromatherapy & White noise therapy

Aromatherapy

"Aromatherapy involves the deliberate use of aromatic compounds, typically essential oils, to enhance well-being. This therapeutic approach harnesses the olfactory system to influence mood, cognitive function, and overall health. Aromatherapy is administered through various methods such as diffusers, inhalation, or topical applications, allowing the dispersion of fragrance into the air. The practice is known for its potential to alleviate stress, improve sleep quality, and promote relaxation. Widely utilized in healthcare and wellness settings, aromatherapy is gaining recognition as a complementary therapy to address a range of physical and psychological concerns."

White noise therapy

"White noise therapy involves the deliberate utilization of white noise, characterized by a consistent blend of all audible frequencies at equal intensity. This steady, neutral sound, akin to a continuous 'shushing' or static, serves to create a background ambiance. The primary objective of white noise therapy is to establish a constant and unobtrusive auditory environment, capable of masking or mitigating the impact of disruptive external sounds. Widely employed to induce relaxation, improve sleep quality, and enhance concentration, this therapeutic approach is typically administered through specialized devices such as white noise machines or dedicated applications. Its application holds promise for individuals grappling with sleep disturbances, stress, or challenges in sustaining focus."

2.2 Colour theory in the field of Design

Importance of Colour theory in Industrial Design

Color theory encompasses the principles guiding the application of color in art and design, delving into the interplay between colors and their psychological impact. In the realm of industrial design, understanding color theory is paramount. It plays a pivotal role in shaping the visual and functional aspects of products, impacting user experience. Strategic use of color not only triggers specific emotional responses but also contributes to brand recognition and elevates the overall visual allure of a product.

Understanding and applying color theory in industrial design not only enhances the visual aspects of products but also plays a crucial role in creating meaningful, user-centric designs with a lasting impact for the user.

1. Aesthetic Enhancement

Color theory enables industrial designers to create visually appealing products by understanding how different colors work together harmoniously

2. Brand Identity

The strategic use of colors contributes to brand recognition, allowing products to be easily associated with a particular brand or company.

3. Emotional response

Colors evoke specific emotions and moods. Industrial designers leverage color theory to create products that resonate with users on an emotional level, enhancing the overall user experience.

4. Communication of Functionality

Colors can be used to communicate the functionality or purpose of a product. For example, industrial designers may use specific colors to highlight buttons or features that perform distinct functions.

5. Visual Hierarchy

By manipulating color, designers can establish a visual hierarchy, directing users' attention to specific elements or information on a product.

6. Innovation and Creativity

Exploring color theory allows industrial designers to push the boundaries of creativity and innovation, leading to unique and standout product designs.

7. Accessibility and Usability

Considering color contrast and legibility is essential for creating products that are accessible to individuals with visual impairments, ensuring inclusivity in design.

8. Market Differentiation

n a competitive market, color can be a powerful tool for setting products apart from competitors, helping them stand out on store shelves or in online environments.

9. Psychological Impact on Purchase Decisions

Consumer purchasing decisions are often influenced by the visual appeal of a product. Color theory aids designers in creating products that align with target demographics and consumer preferences.

2.3 Circadian Rhythms and Lighting

Circadian Rhythms

Circadian rhythms are natural, internal processes that regulate the sleep-wake cycle and repeat roughly every 24 hours. These biological rhythms are influenced by external cues, most notably the daily light-dark cycle. The circadian system plays a crucial role in regulating various physiological and behavioral functions, including sleep, hormone production, body temperature, and alertness.

Lighting and Circadian Rhythms

Lighting, especially exposure to natural light, is a primary external cue that influences circadian rhythms. The intensity, color temperature, and timing of light exposure can have profound effects on the body's internal clock. Key points include:

1. Light Intensity

Bright light exposure, particularly in the morning, helps regulate the circadian clock, promoting alertness and regulating the sleep-wake cycle. Dimming lights in the evening signals the body to prepare for sleep by mimicking natural light changes.

- Morning Wake-Up

Higher light intensity in the morning helps regulate the circadian clock, signaling to the body that it is time to wake up and be alert.

- Midday Productivity

Bright, intense lighting during midday supports increased alertness and productivity by reinforcing the body's natural response to daytime.

- Evening Relaxation

Lower light intensity in the evening helps signal to the body that it is time to wind down and prepare for sleep by mimicking natural changes in outdoor lighting.

- Nighttime Dimming

Dimming the lights at night promotes the production of melatonin, a hormone that regulates sleep, aiding in the preparation for a restful night.

- Shift Work Adaptation

Adjustable light intensity in shift work environments helps individuals adapt to different work schedules and maintain a more stable circadian rhythm.

2. Colour of light

Blue-enriched light in the morning enhances alertness and suppresses melatonin production, supporting wakefulness. Warm, amber-toned light in the evening minimizes disruption to circadian rhythms, facilitating the transition to sleep.

- Morning Blue Light

Blue-enriched light in the morning enhances alertness and cognitive function, suppressing melatonin production to support wakefulness.

- Daylight Simulation

Natural daylight, with a balanced spectrum of colors, is ideal for maintaining circadian health by providing the appropriate cues for different times of the day.

- Warm Light in the Evening

Warm, amber-toned light in the evening minimizes the disruptive effects on circadian rhythms, allowing for a smoother transition to sleep.

- Reduced Blue Light at Night

Limiting exposure to blue light in the evening, such as from electronic devices, helps prevent interference with melatonin production and supports a more restful sleep.

- Adaptive Lighting Systems

Circadian-centric lighting systems adjust color temperature throughout the day to mimic natural light changes, promoting a harmonious alignment with circadian rhythms.

2.4 Mood Lighting

Mood lighting

Mood lighting involves the intentional manipulation of light to establish a particular atmosphere or ambiance, influencing the emotional and psychological responses of individuals within a space. This type of lighting design focuses on creating specific moods or feelings by adjusting key elements such as intensity, color, and direction of light. The goal is to enhance the overall experience of a given environment by tailoring the lighting to evoke desired emotional effects.

1. Colour temperature

Warm tones, such as yellows and oranges, are often associated with coziness and relaxation, while cooler tones, like blues and purples, may convey a sense of calm or sophistication.

2. Intensity

Dimmed or soft lighting is commonly used for creating a relaxed and intimate atmosphere, while brighter lighting may be employed to energize and uplift a space.

3. Color Changing Capabilities

Some modern lighting systems allow for color changes, enabling dynamic adjustments to suit different moods or occasions.

4. Dynamic Lighting Scenes

Mood lighting can be dynamic, with the ability to transition between different lighting scenes to suit various activities or times of day.

2.5 Types of Aroma Diffusers



Ultrasonic Essential oil Diffuser



Evaporative Essential oil Diffusers



Natural wood Essential oil Diffusers



Nebulizer Essential oil Diffusers



Heat Essential oil Diffusers

2.6 Ultrasonic Aroma/Essential oil Diffuser

Ultrasonic Aroma Diffuser

"The Ultrasonic Aroma Diffuser represents a modern innovation in aromatherapy, employing ultrasonic technology to diffuse aromatic compounds into the surrounding environment. This device utilizes ultrasonic vibrations to break down essential oils into tiny particles, creating a fine mist that permeates the air. The Ultrasonic Aroma Diffuser offers a gentle and effective method for harnessing the therapeutic properties of essential oils, contributing to stress reduction and the enhancement of ambient conditions. Recognized for its adaptability and user-friendly design, this technology has gained widespread acceptance, exemplifying the integration of aromatherapy into contemporary approaches to well-being."





2.7 Existing Technology & components

Base or Main Unit

This is the main housing that contains the essential components of the diffuser, such as the motor, ultrasonic technology (if applicable), and electronic controls.

Water Reservoir

 A chamber where water is added to the diffuser. Essential oils are often mixed with water to create a fine mist that is released into the air.

Ultrasonic Plate

 A chamber where water is added to the diffuser. Essential oils are often mixed with water to create a fine mist that is released into the air.

Misting Nozzle

Responsible for releasing the mist into the air. The design of the nozzle can affect the dispersion pattern and coverage.

Lid or Cover

 The top part that covers the water reservoir. Some diffusers have decorative or functional lids.

Power Button/Controls

 Interface for turning the diffuser on/off and adjusting settings. In more advanced models, this may include timer settings or intensity controls.

LED Lights (optional)

Many aroma diffusers come with built-in LED lights, adding a visual element to the aromatherapy experience. These lights may offer a variety of colors and can sometimes be adjusted or turned off.

Power Cord

 The cable that connects the diffuser to a power source. Some models may be battery-operated for increased portability.

Ventilation Holes

Openings designed to allow the release of cool mist and prevent the device from overheating.

Rubber Feet or Pads

These are often found on the bottom of the diffuser to provide stability and prevent slipping on surfaces.

Air Intake

· Air intake for air circulation, especially in models that use a fan for dispersing scents

Remote Control

· In more advanced models, a remote control may be included for convenient operation from a distance.



Structure of the cover

Source: andreportfolio.com

Outlet

2.8 Defining User group

Target User group



Aromatherapy Enthusiasts



Yoga and Meditation Practitioners



Student



Parents & Families



Home Decor Enthusiasts



Office worker



Elderly individuals



Spa & Wellness



Gift Shops



Teachers & **Professors**

2.9 User interview & Insights



Teressa Ngangom

Gender: Female **Age**: 26

Occupation: Architect

Product Functionality

Essential function: Automatic shut off

Product size: Small, Portable

Water capacity: large

Lighting: yes

Usage Pattern

Usage: Daily

Purpose: Enhancing the ambiance of living spaces

Location: Workspace, Bedroom, office Minimum usage duration: 1-2 hours

Safety & maintenance

Safety: Automatic shutoff Maintenance: Easy to clean

Product Material

Sustainable: Wood & bamboo

Additional features

Design preferences: Minimalistic and simple

Lighting and different colours

Product Functionality

Essential function: Automatic / Manual shut off & variable

mist intensity

Product size: Small, Portable Water capacity: Medium

Lighting: Optional

Usage Pattern

Usage: Daily

Purpose: Improving air quality & Enhancing the ambiance

of living spaces.

Location: Bedroom, workspace Minimum usage duration: 1 hour

Safety & maintenance

Safety: Automatic shutoff

Maintenance: Indicator for oil/ water.

Cleaning (low priority)

Product Material

Sustainable: Bamboo

Additional features

Design preferences: Oriental, Vintage.

Automatic refill chamber (Second refill chamber) to last long and refill it automatically.

Acts like a lamp, auto lights off / Manual.

Low maintenance (good product form to have low maintenance)



Aaron Chen

Gender: Male **Age**: 25

Occupation: Design Student

Anita Naorem

Gender: Female **Age**: 52

Occupation: Home decor

Product Functionality

Essential function: Automatic / Manual shut off

Product size: Small, Portable

Water capacity: large, but not too large.

Lighting: Yes, stationary lights.

Usage Pattern

Usage: Daily

Purpose: Enhancing the ambiance of living spaces & good

fragrance.

Location: Living room, Bedroom, bathrooms

Minimum usage duration: 2-3 hour

Safety & maintenance

Safety: Automatic shutoff Maintenance: Easy to clean **Product Form** (Top priority)

Product Material

Any material, smooth surface, less edges, grooves and holes.

Additional features

Design preferences: Minimalistic.

Diffuse multiple fragrance (simultaneously / mix / Separately) Different oil slots/container for different time of the day / mood.

Placement style: wall mounted/ table top/ desktop?

Product Functionality

Essential function: Timer setting & LED lighting

Product size: Optional Water capacity: Medium

Lighting: Yes, stationary lights.

Usage Pattern

Usage: Daily

Purpose: Aromatherapy and relaxation & Enhancing the

ambiance of living spaces.

Location: Workspace, living room. Minimum usage duration: 1-2 hour

Safety & maintenance

Safety: Automatic shutoff & Timer System **Maintenance**: Easy to clean (Top priority)

Product Material

Sustainable: Clay & Ceramic

Additional features

Design preferences: Artistic, sculpture, showpiece. Interactive / Dynamic form (changes + effects) Form changes triggers fragrance (like button)



Siladitya Samir

Gender: Male **Age**: 26

Occupation: Design Student

Product Functionality

Essential function: Variable mist intensity

Product size: Small, Portable Water capacity: Medium

Lighting: Yes, stationary lights.

Usage Pattern

Usage: Weekly

Purpose: Enhancing the ambiance of living spaces

Location: Reading room.

Minimum usage duration: 1 hour

Safety & maintenance

Safety: Automatic shutoff

Maintenance: Easy to clean (high priority)

Product Material

Sustainable: Wood & bamboo

Additional features

Design preferences: Artistic, vintage



Naorem Bidyalaxmi

Gender: Female **Age**: 28

Occupation: Bussiness women

Part 3 Design Process

Chapter 3

- 3.1 Design Introduction
- 3.2 Mood board
- 3.3 Concept sketches
- 3.4 3D form concepts
- 3.5 Final Product

3.1 Design introduction

WISP A COMPLETE AMBIENCE EXPERIENCE

Wisp represents a unique ambience product that seamlessly blends various atmospheric elements, including light, color, scent, sound, and acoustics. It innovatively combines the functionalities of an aroma diffuser, a smart speaker, and an ambience lamp, providing a holistic and immersive sensory experience.

This is an academic project spanning four weeks, done during my third semester as an Industrial Design student at IIT Bombay, Mumbai.



















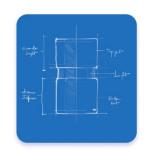
What is the use of aroma diffuser? Are people aware of this Why do people need/use Aroma diffuser? What things can we Can all the elements be Who will buy this product? When and where will people use this product?

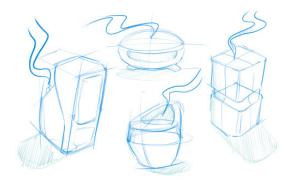
How will it create a calm

and soothing environment?

Speaker

THE INSPIRATION came from products that can be disassembled into multiple parts, offering the flexibility to be utilized either individually or as a cohesive whole. Additionally, the project drew inspiration from the airflow patterns, particularly observing how the air emanates from the aroma diffuser.



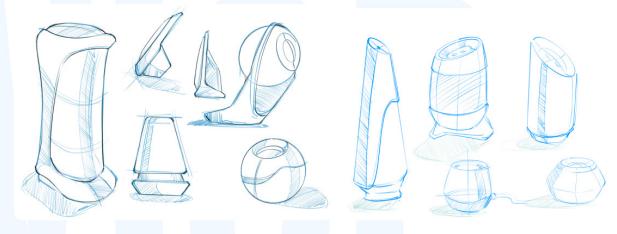














3.2 Mood board

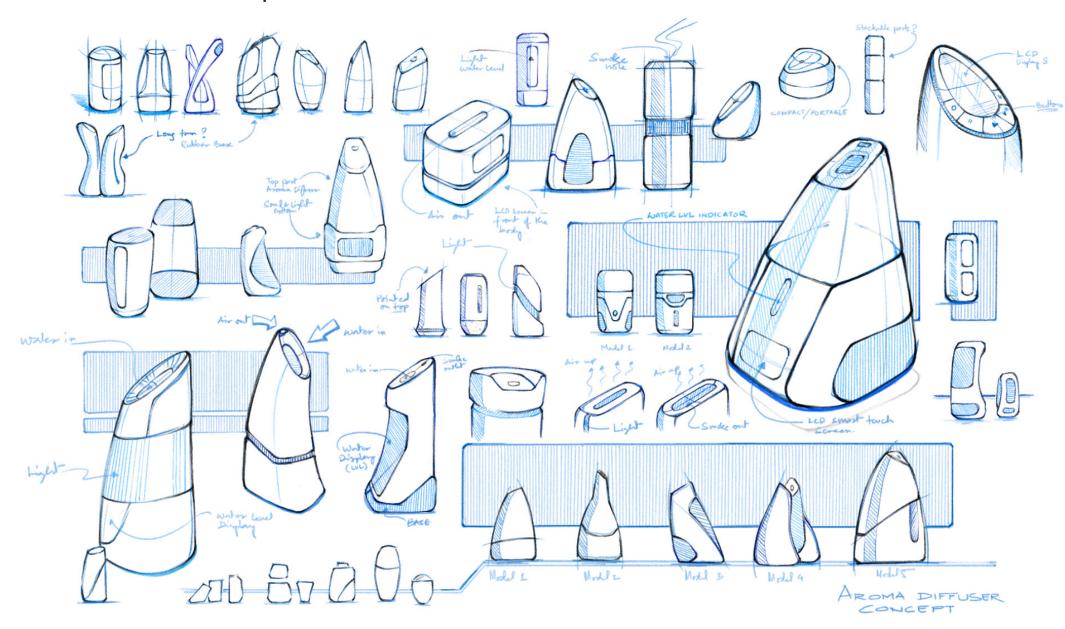
MOOD BOARD

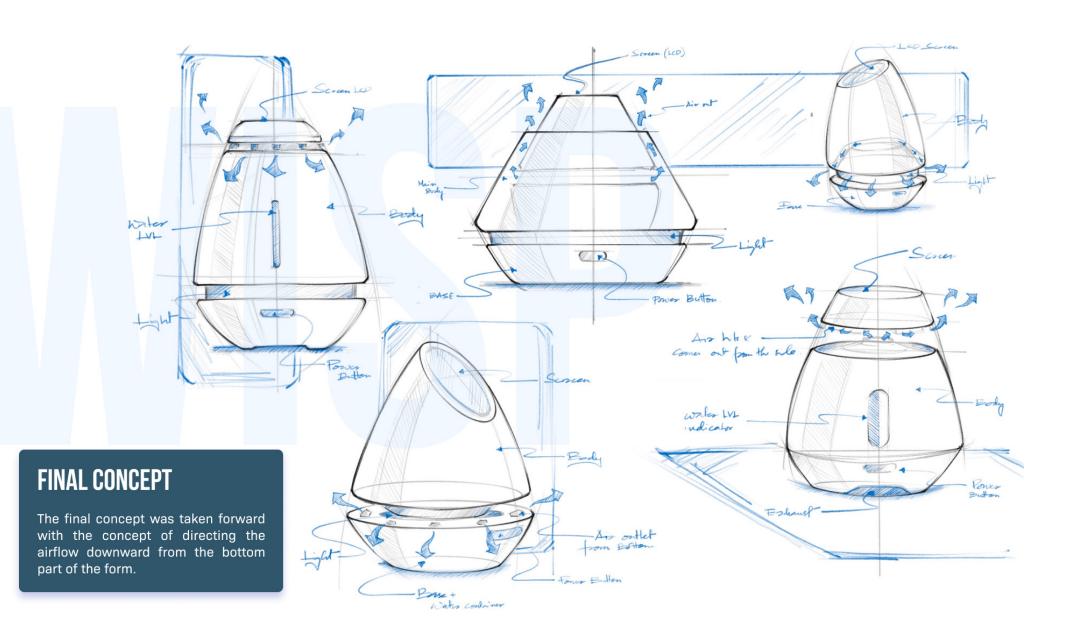
and color palette for the design were intentionally curated in shades of blue. This choice was driven by the calming and serene associations linked with the color blue. In product design, the effects of the color blue on the human mind include promoting a sense of tranquility, instilling a feeling of trust and reliability, and fostering a peaceful ambiance. These psychological effects make blue an apt choice for enhancing the overall user experience and emotional connection with the product.

KEYWORDS: Calm, Soothing, Soft, Cool, Smart.



3.3 Concept Sketches





AIRFLOW

patterns were ideated using an aroma diffuser and quick mockup models using ivory sheets to

In traditional aroma diffusers, the air outlet is typically positioned at the top. The ideation and mockup feasibility of having the air outlet different methods, challenging the conventional approach to enhance versatility and functionality.

PROTOTYPING

Following the completion of the crafted utilizing 3D printers. Various electronic components assembled to bring the design to testing and experimentation were conducted with the prototypes to







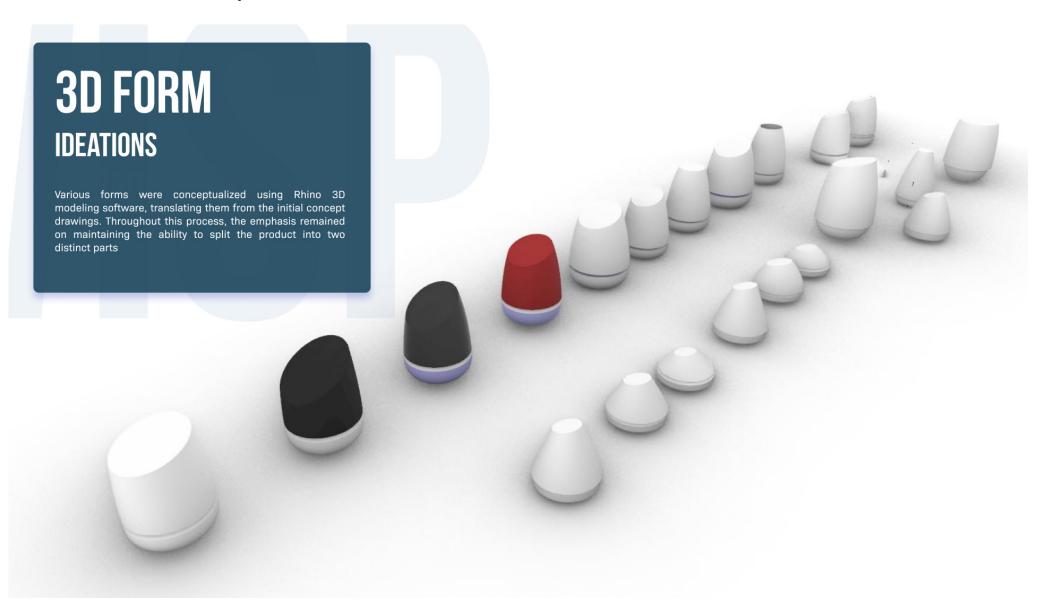








3.4 Concept 3D form



3.5 Final Product

Introducing,

WISP

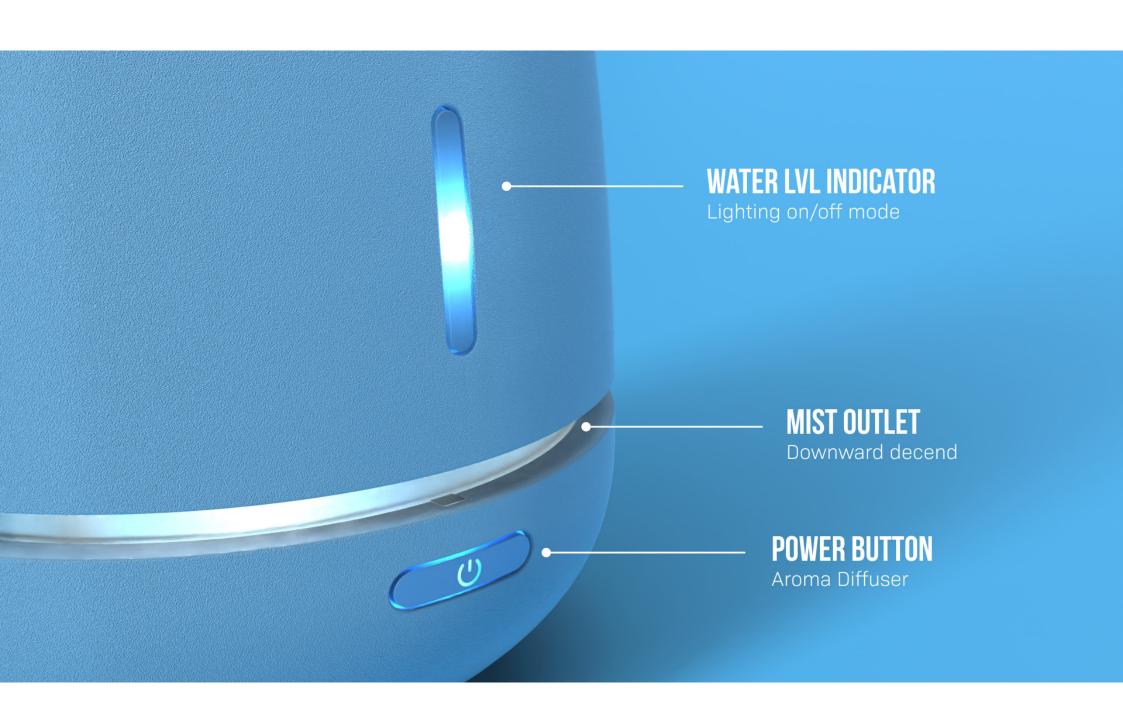
ambience lamp, providing a holistic and

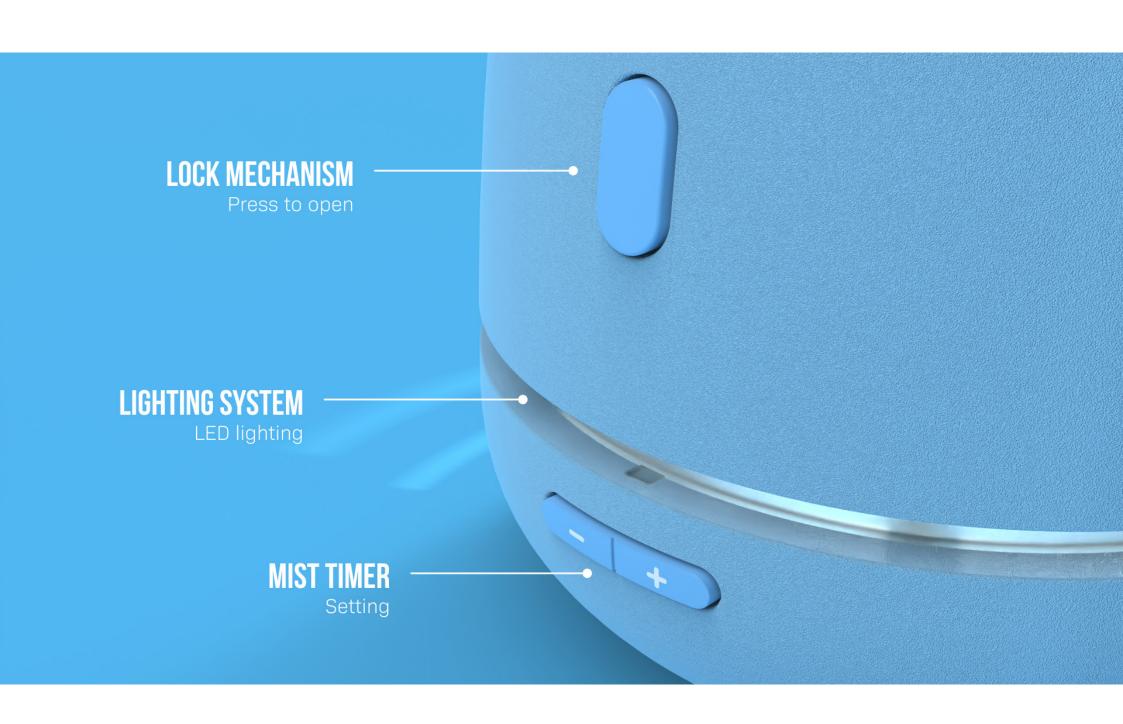


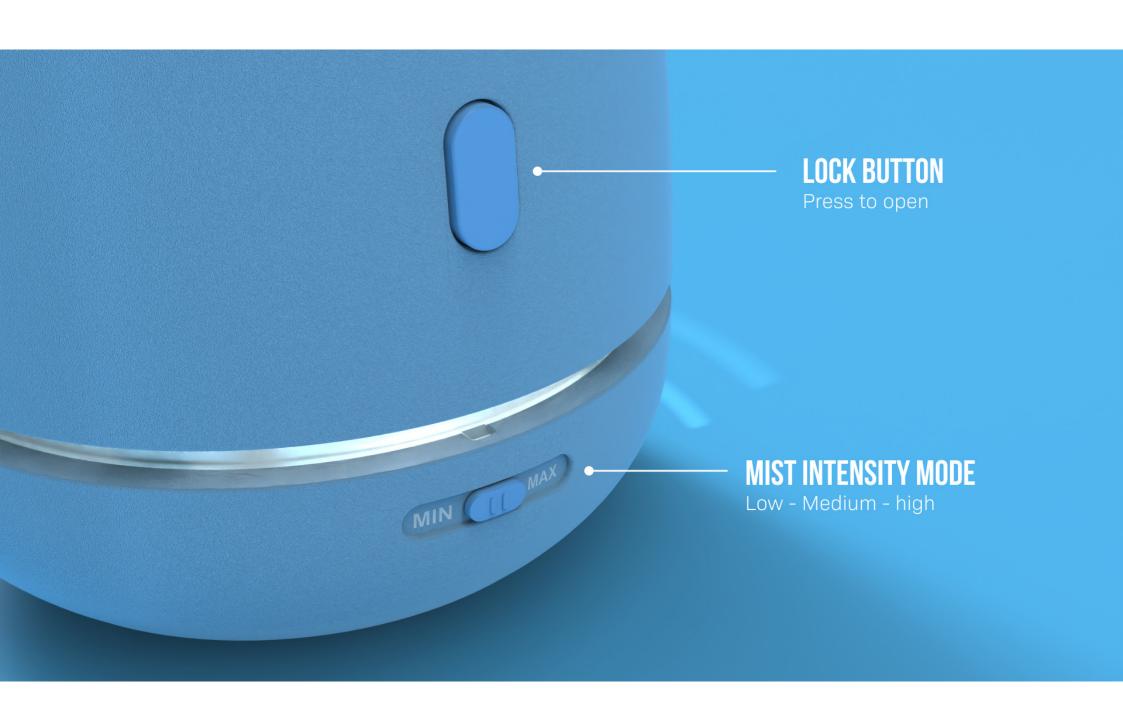
















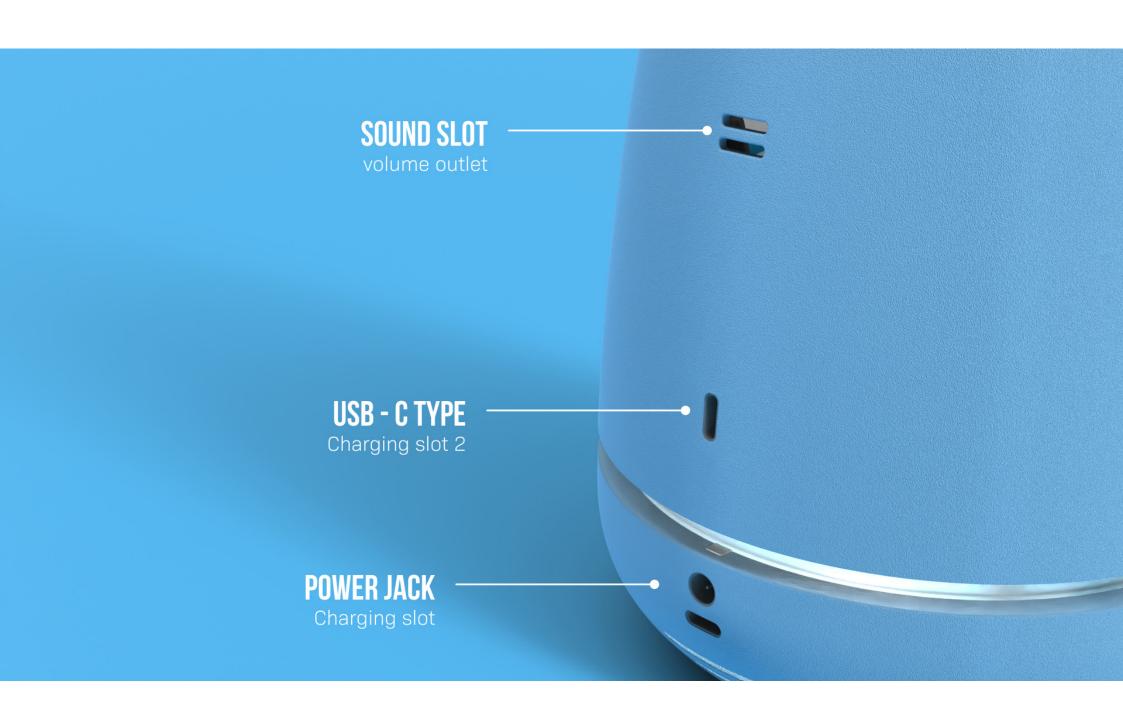




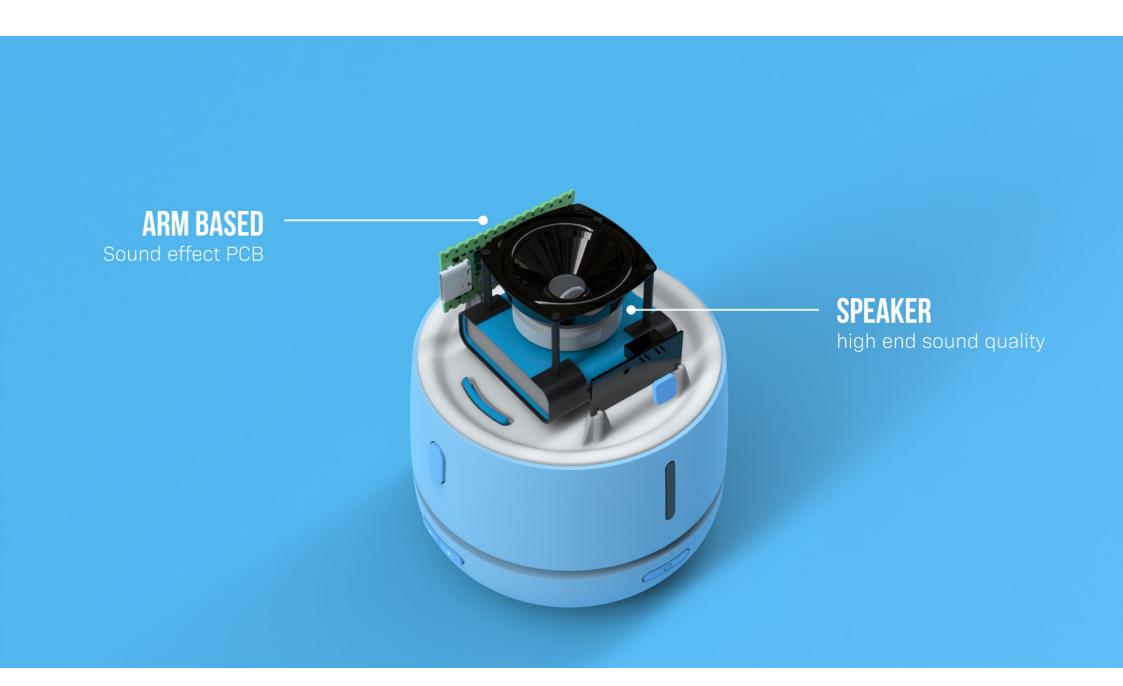


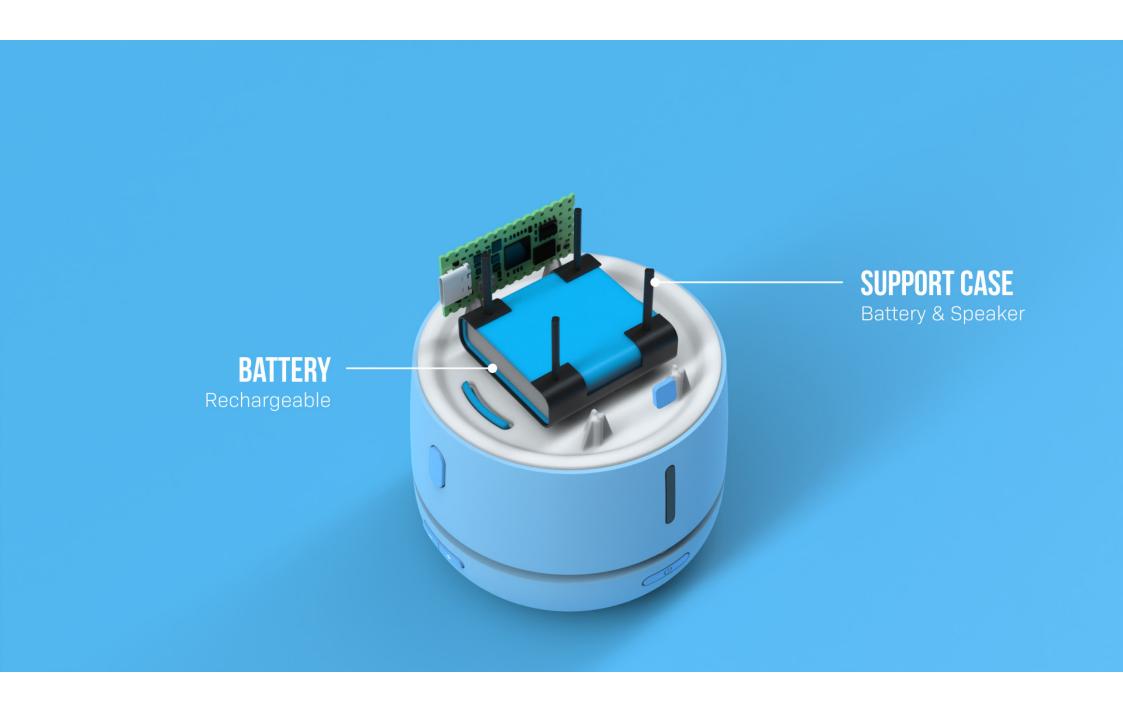






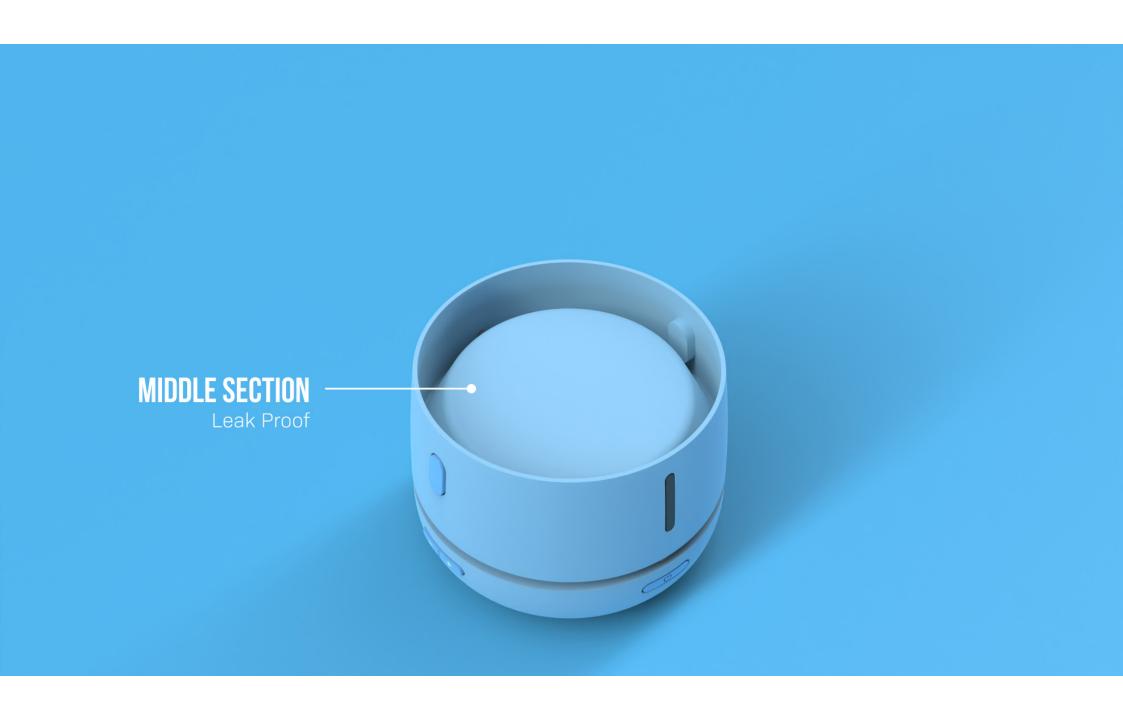






















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