# Ethnographic Study of a Labor Room

Shreya Gupta • 156330006

Design Research Seminar

# Context

#### **Duration of the Study**

December 20th -25th

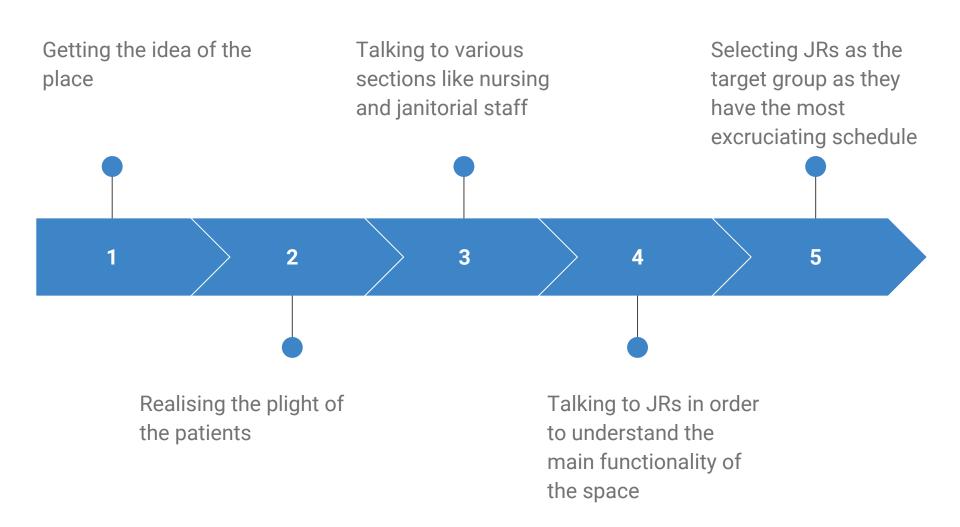
#### Location

- Institute of Medical Sciences, BHU
  - → The labor Room in the Gynaecology Ward
  - → The hospital is one of the largest Tertiary Healthcare Centers in Eastern India.

#### **Target Group**

**Junior Resident Doctors** 





#### 10:00pm to 6:00am

The ward has a capacity for 7-8 patients, However, twelve patients are admitted through the night.

Two normal deliveries, by 4:00 both girls

One patient's first child

Second patient's second child after a dead son of five months.

Both were accompanied by their mothers, one by mother in law.

Both rural, farming background.

Readings to be done for 12 patients in ward by morning.

Most (8/12) were incomplete readings due to patient's lack of awareness

One JR slept for two hours.

Another JR slept on table for two hours.

One JR2 was awake the whole night, the one who admitted most patients.

The second JR2 slept for four hours.



#### A Night in the Labor Room

# Part 1- Talking to the Nurses

#### What they are supposed to do

- Follow up on patients, check the vital signs
- Administering drugs
- Assist in operations and normal deliveries

#### What they end up doing

- All the things they are supposed to do
- They end up skipping medications but report otherwise
- There is often a shortage of nurses during deliveries and operations

# Major Issues

- Main issue- STAFF SHORTAGE
- There was no shortage 15 years back at the time of 450 beds, but in the years, beds increased with no increment in staff numbers
- There are more doctors than nursing staff
- VC proudly says that they're running hospital in such resource constraints, but only the workers know the plight.

# Part 2- Talking to the Janitors

#### What they are supposed to do

- Clean the premises
- Prepare part before a delivery
- Assist in the delivery
- Help in moving around the patient

#### What they end up doing

- All the things they are supposed to do
- They end up skipping cleaning certain spaces, usually the toilets
- They are often unavailable to help out in pre-surgery procedures

# Major Issues

- Main issue- STAFF SHORTAGE
- There are supposed to be three shifts of 8 hour each, with 3 janitors in each. However, there is just 1 janitor per shift.
- The 3 janitors are aging and are unable to strain themselves physically, and hence are lethargic in work.

# Part 3- Talking to the Junior resident Doctors

#### What they are supposed to do

- Perform operations and deliveries
- Prescribe medication and follow up on patients
- Counsel the patient and relatives on how to take it from there.
- Make reports on the status and condition of the patient right from admission to discharge

#### What they end up doing

- All the things they are supposed to do
- They end up performing the tasks meant for nurses and even janitors.
- They end up making reports of vitals when it could be done by the emergency ward.
- Dealing with relatives of the patient.

### Major Issues

- Shortage of nursing and janitorial staff
- Mismanagement at the system level which makes the JRs perform tasks that are meant to be done by other departments.
- Excruciating schedule, with hardly any time to eat or sleep.
- Ignorance and negligence of the patient to follow up. It leads to avoidable complications in pregnancies.
- Poor communication among various departments that leads in JRs running around with a lot of needless paperwork.

# The Day Long Schedule in case of Night-shifts

- Wake up at 5:30, leave hostel by 6:30,
- Do all ward work by 8, leave for OPD,
- Return from OPD at 2p.m. Take handover of labour room.. then attend to all those reporting to labour room, new patients, admitted patients, labouring patients can be new or already admitted in ward...
- Be in labour labour till 8 a.m. the next morning,
- Leave for elective operation theatre at 8 a.m. which gets over at 2 P.m.
- return to ward and complete the ward work and take the post operative care of operated patients. Leave for class at 3 ..
- 4:30 return to ward again and complete the ward work which may last till 7 or 8 or 9
   P.m.

### The Patient

#### A good patient

- One who gives a good history and also an honest history.
- Who has visited the doctor at least thrice during her gestation period. One of the times should be at the end of the 8th month.
- One who follows doctor's orders (whether regarding medicine or investigations) ..

#### A bad patient

- One who has this suspicion that doctor is not giving him the right treatment..
- One who has not visited the doctor at all during her entire pregnancy.
- One who has conceived within less than
   18 months of her previous child.
- Who doesn't believe in giving history and wants only to get treated.

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