

Animation Design, Degree Project –Stage 2

**‘Mandscape’**  
-An Animation Short

Animation Project III

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# Concept

- Own experience
- I was rejected by a girl because she felt I was inarticulate
- Could not even express myself in words.
- Rejection affected me in many ways.
- I lost my ability to express anything.
- I felt suffocated.
- felt a strange pain in my throat, mouth and jaw.
- within me something has been struggling to come out.

# Psychosis

## Psychosis

abnormal condition of mind

## Pressure of speech/Thought Disorder

- 'Pressure of speech' is a term used to describe a pattern of disordered languages use that presumed to reflect disordered thinking.
- a symptom of psychotic mental illness

# Psychotherapy

## Expressive therapy/Narrative Therapy.

- Art therapy
- Dance therapy
- Drama therapy
- Music therapy
- Writing therapy
- Animation therapy
  - animation include all aspects of art , music, writing, dance and drama

# Animation therapy

- understanding of the ‘psychological aspect of creative process’ .
- Recognize the non-verbal symbol and metaphors that are communicated with the creative process, symbol, and metaphors which might be difficult to express in word or in other modalities.
- Discover what underlying thought.

# Self Observation

## Symptoms

- within me something has been struggling to come out.
- Unable to express in word
- I feel suffocation in mind and pain in head, neck, mouth and jaw.

## Reasons

- Hesitation – I respect too much to others, I think them as a perfect personality as God. I think them very bigger than me.
- Rejection – In past I rejected by a girl, she commented on me that how she loved me even I don't know how to speak.
- Past – I stuck in past negative experiences.

# Self Observation

## Wishes

- Want inner freedom to speak.
- Speak my mind.
- Coordination - between my body, mind and world during speaking.

## How

- Erase the past, let them go.
- Self-esteem - respect and realized yourself, love and care yourself.

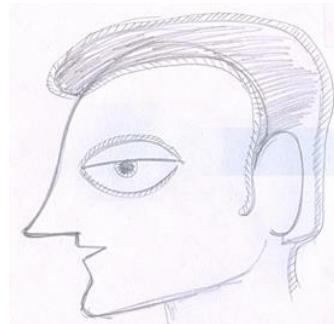
# Aspect of Creative Process

- Darkness
- Grey color dominant
- Less confident line
- Mental trap
- Suffocating
- Low self-concept
- Scary sound
- Cobweb
- Spider
- Eraser
- Wings
- Roots

# Character design

## Initial Exploration

Boy



# Character design

Boy final



Boy expression



# Character design

Spider



Girl's portrait



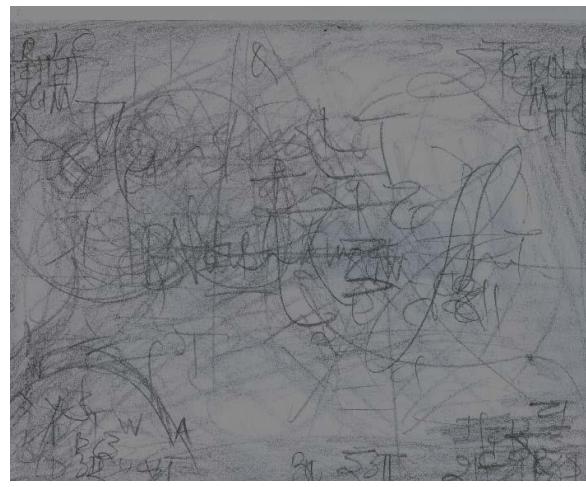
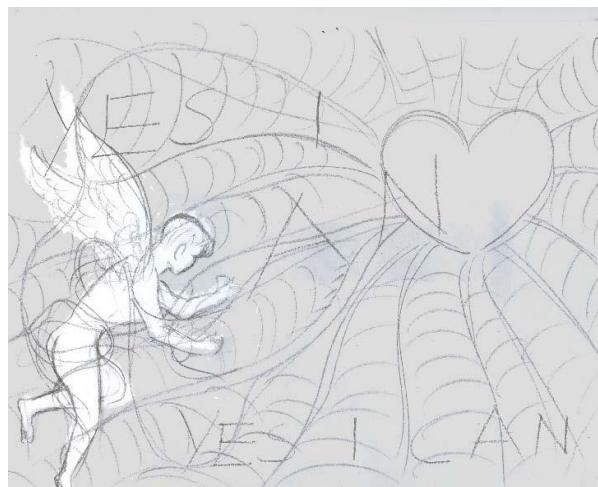
# Style and Treatment



## Style and Treatment



## Style and Treatment



# Conclusion

- Tried to recognized my problem through creative art process
- Try to sketch my mind. I examine my ‘thought processes’, ‘body language’, ‘feeling’, ‘emotion’, and also the psychological aspect of creative processes, especially the effective properties of the different materials, style and treatment.
- tried to heal myself through Animation Therapy.
- tried to improve my mental health and self-esteem

Thank you.