Internal Conflicts

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Research And Influences

AN OUTLINE OF INTERNAL CONFLICTS

Internal conflicts are the clashes or unrest going on among a common, similar, parallel or related entities.

Unlike external conflicts, there were no other outer force or pressure is being applied to the individual or group

The dilemma posed by an internal conflict is usually some ethical or emotional question.



Most people fear conflict—they experience it as uncomfortable and stressful, something to fear. As a result, they learn to avoid, suppress or withdraw from conflict or even act as though it doesn't exist.

-LINDA ADAMS





Conflict with self—IT DOESN'T EXIT?

Rarely do we choose to see the existence of conflict as positive and see that it presents an opportunity for us to move forward if only we are willing to face it and deal with it effectively.



It shapes and affect our personality



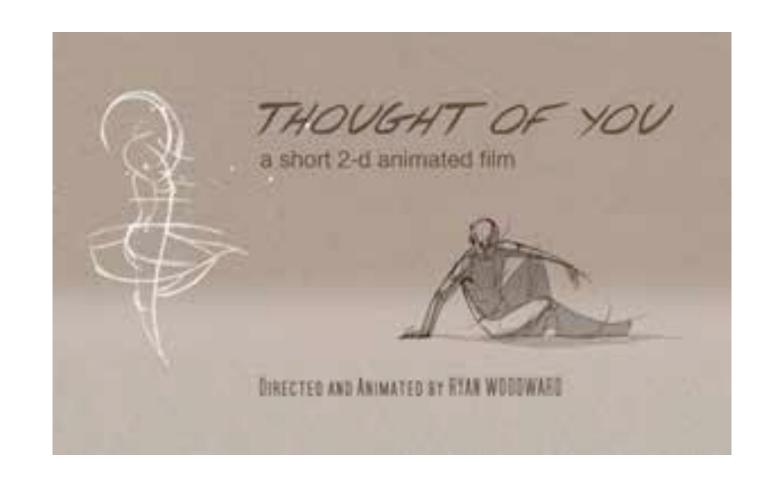
CONSEQUENCES

SOME BEHAVIORS OF A PERSON WHO HAS A LOT OF INNER CONFLICTS

- Is usually easily influenced by the opinions and point of views of others.
- Feels guilt/shame about some natural drives/ impulses in oneself.
- Lack of decision making abilities
- Feels no sense of stability
- Constantly seek support

- Sudden mood swings
- Uncertain about own desires
- Is usually trying to distract oneself from having to face the conflicts within distractions are usually in the form of entertainment, relief inducing chemicals (alcohol, drugs), escape-oriented spirituality, ambiguous work etc

Inspirations







THOUGHT OF YOU

INSIDE OUT

MIRACULOUS MUSIC VIDEO

Initial concepts

CONCEPT ONE

What you think you become. Choices makes you what you are today. An element or a body touches other element and takes its properties. It morphs into another body

CONCEPT TWO

Death: The protagonist comes to know of his death and he tries to accomplish everything in that very short time

CONCEPT THREE

A dispute between two emotions inside the mind

CONCEPT FOUR

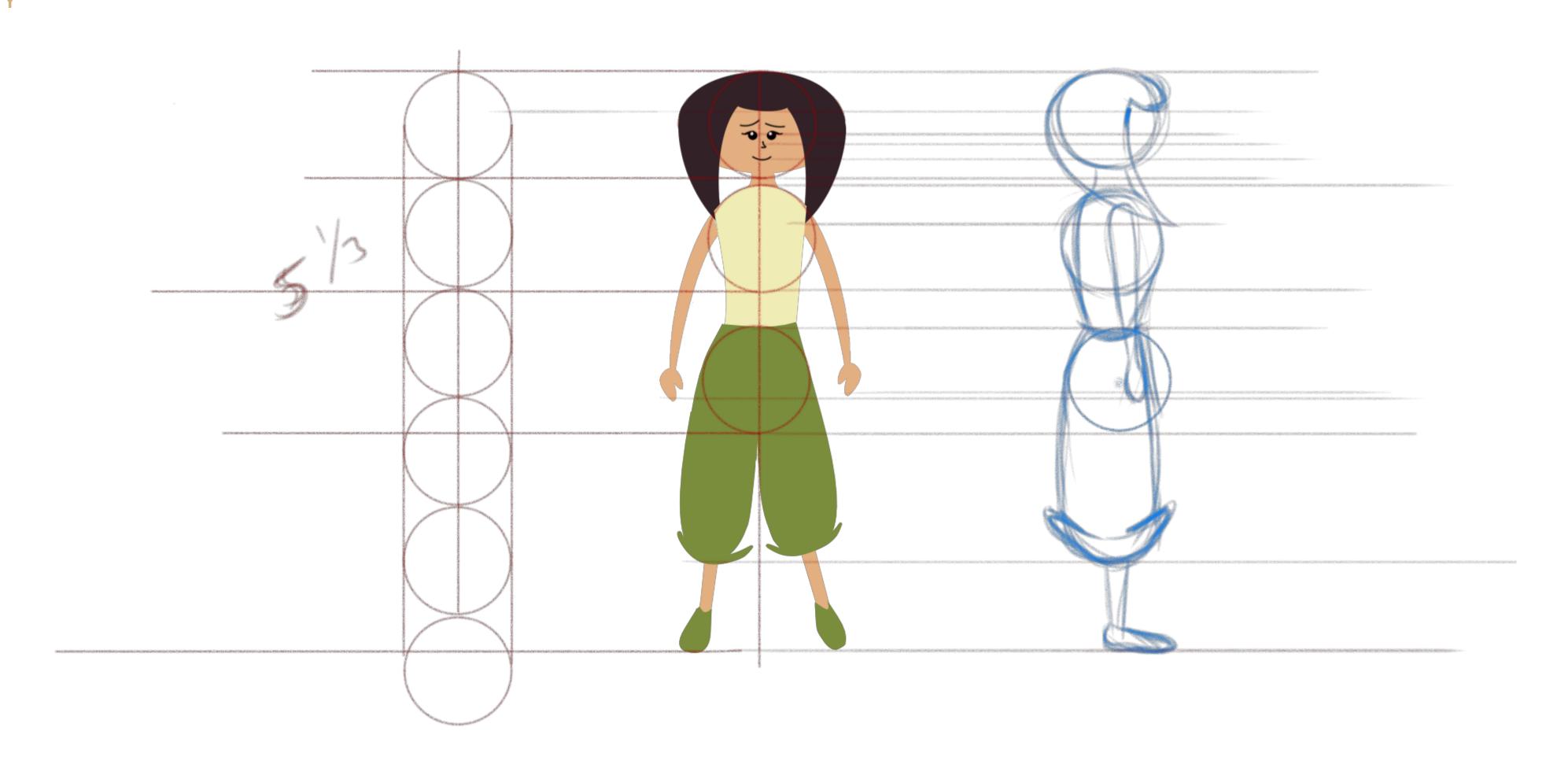
Trust between two people is broken. The other person tries to mend the bond but things do not remain the same

Final Concept & Development

The protagonist is a college girl who is shy and confused. She wants to talk to this boy whom she has a crush on. By the time she approaches this guy, she already has so many things going in her head. She worries about what will be he other person's reaction. Maybe he would reject, she starts doubting herself and eventually fear and anxiety surrounds her.

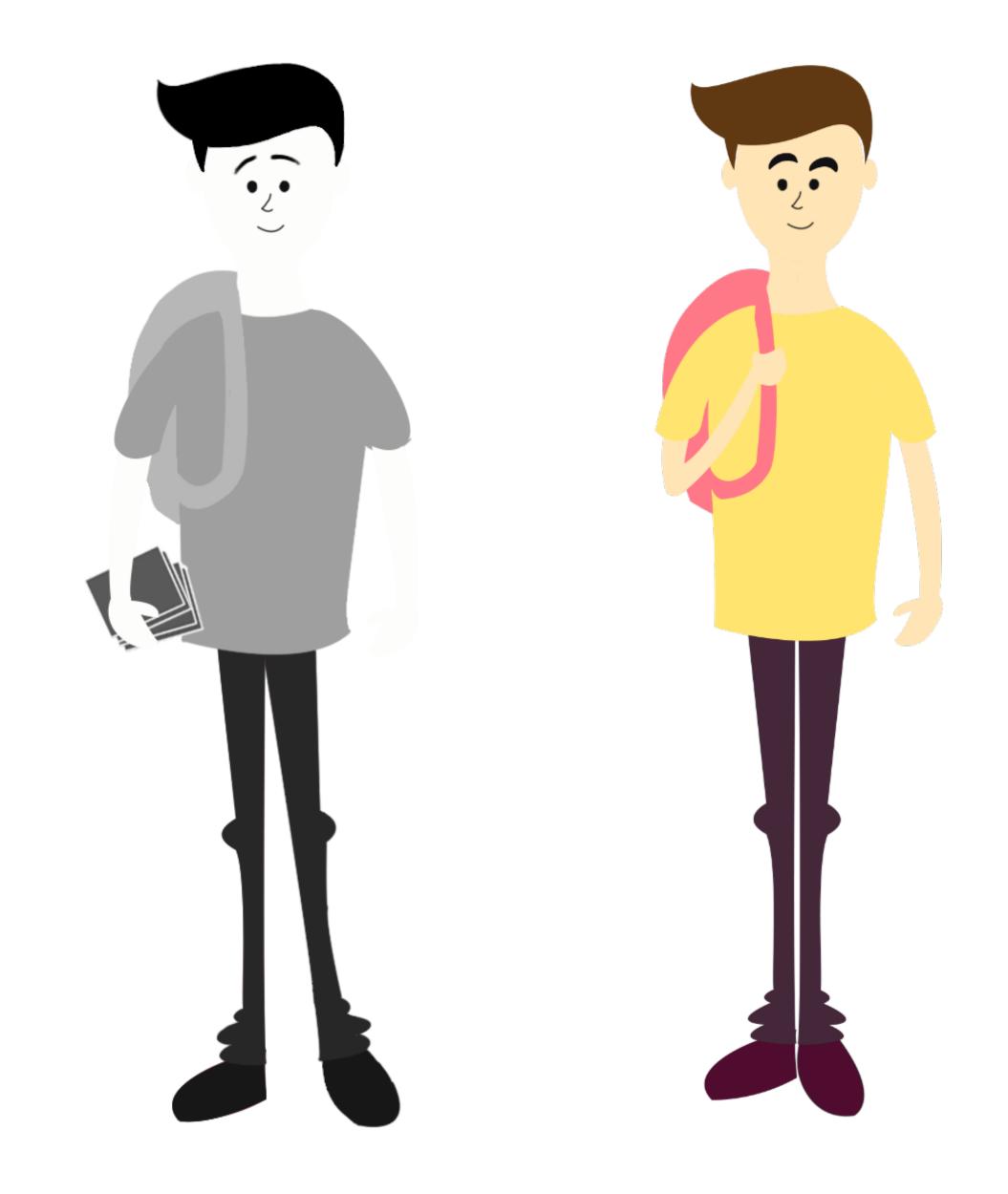
Character Design

MOLLY



Character Design

NIKHIL



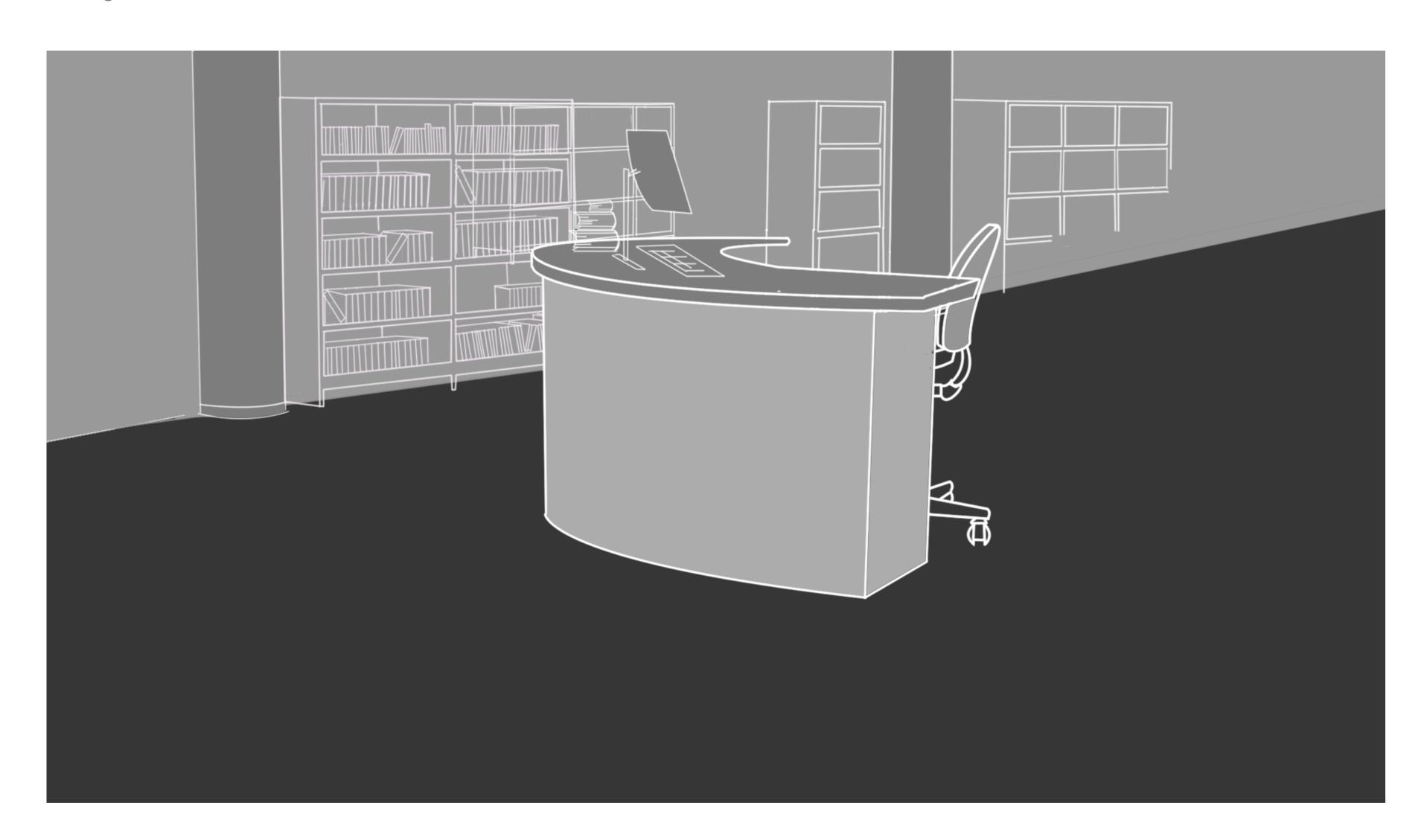
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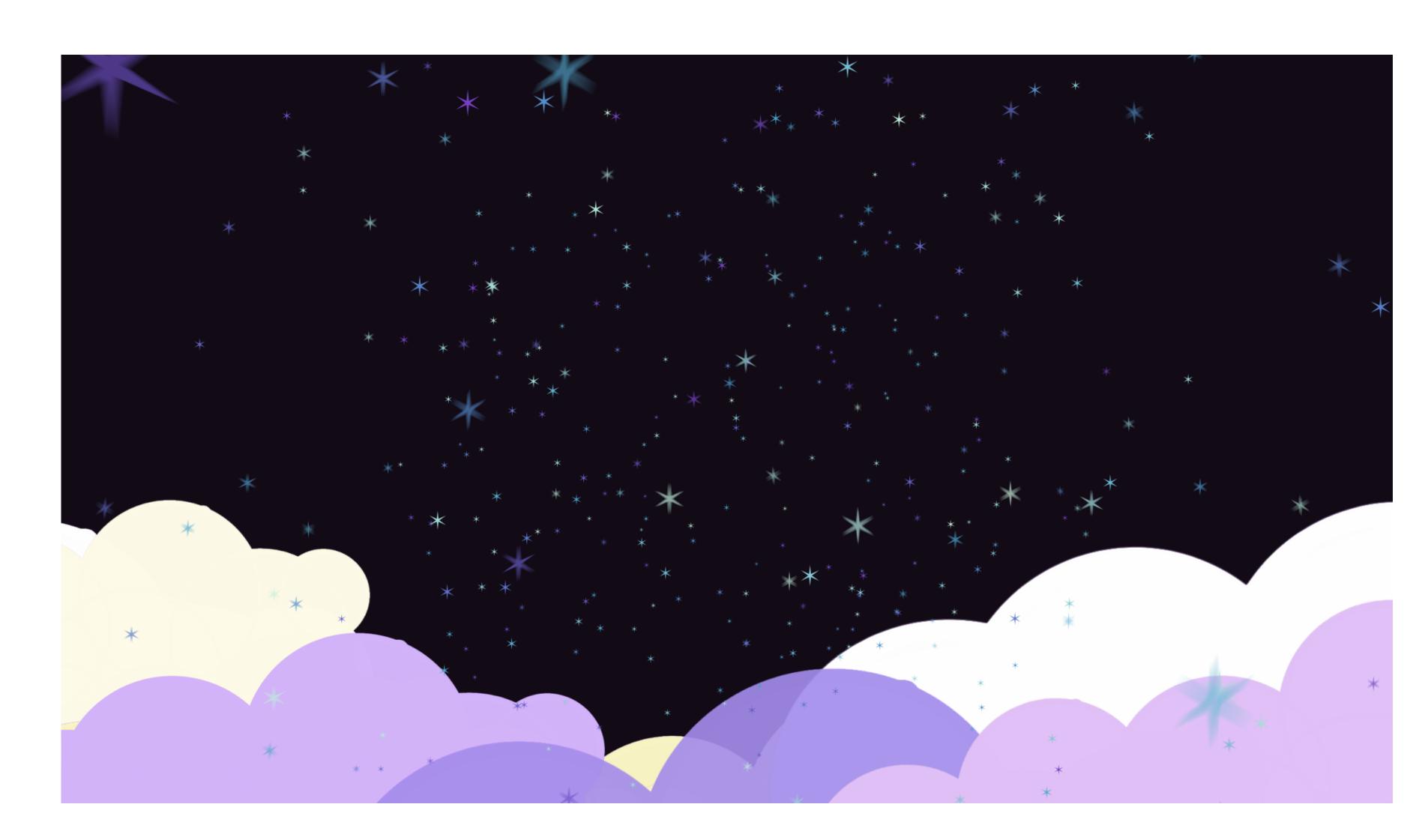
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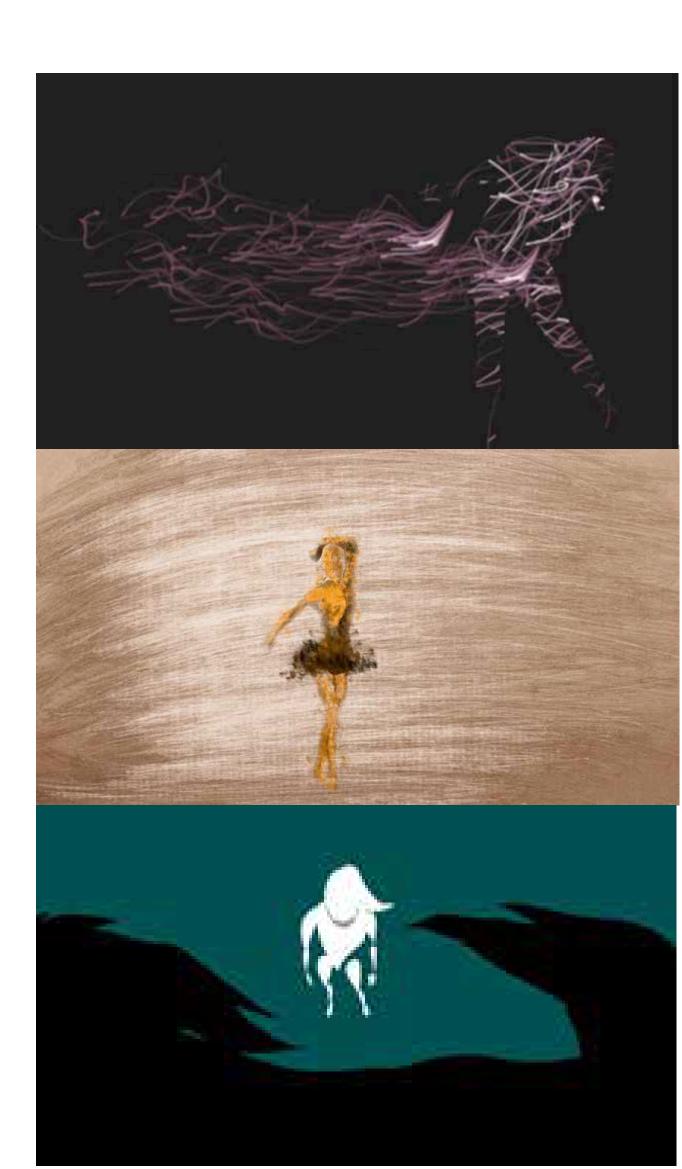


IMAGINARY WORLD



Initial Explorations





Initial Explorations



