

# Playing Together, Growing Together

Fostering social inclusion  
of children with  
disabilities through  
inclusive play design

## KEYWORDS

Inclusive Play Design  
Children With Disabilities  
Play As Development

>> Children playing in the inclusive sand pit

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A photograph of children playing in a sandbox. Several hands are visible, some holding colorful plastic toys like a yellow bucket and a blue mold. The sand is dark and textured. The background shows parts of children's clothing, including a red and white striped shirt.

# Why play?

For Play's sake!  
Important in and of itself

## Play is

A whole lot of FUN! / How a child makes sense of the world  
How s/he gains mastery over body movements, skills / How  
s/he gets included amongst peers / How she perfects  
language / The most serious and enjoyable business of  
childhood

>> Sand play helps in developing motor skills

# Inclusive play

Children of all abilities, playing together, with mutual respect, fostering greater sensitivity and appreciation of diversity

Because all children have a right to be treated equally



>> An inclusive event in an inclusive park



>> Children taking turns on a swing

But .....

Are our play spaces  
Inclusive?

Have you seen a  
child with a disability



>> Inaccessible play area in a public park

# Making Public Play Spaces Inclusive

-Kilikili's experience

## The Process

### 1. COMMUNITY VISIONING

Children, parents and teachers ideate on what they would want in their Inclusive Play Space

### 2. DESIGN

Translating aspirations into play space and equipment design

### 3. LOBBYING AND ADVOCACY

with City Corporation

### 4. SUPERVISION

of project execution

### 5. BUILDING COMMUNITIES

of schools, families and volunteers in the locality around Inclusive Play Space

# Inclusive Play Spaces...



Have play equipment that meet needs of all children  
Wheelchair Sand Table / Basket Ball hoop at two levels /  
Provide multi-sensorial stimulation / Tyre Tunnel / Sensory  
Track / Swings - bucket swing, high backed swing /  
facilitate exploration

# Impact

## Children

- Decrease in fear
- Greater sense of confidence
- Opportunity for children with and without disabilities to interact

## Families

- Become visible publicly

## Community

- Greater awareness in the immediate community

## Government

- Enrolling the Municipal Corporation into creating inclusive public play spaces (2 created, 5 in development)
- Development cost funded by Corporation - totalling 37 lakhs + 20 lakhs sanctioned

>> Adarsh has been coming to Coles Park with his school regularly

# Be a part of Inclusive Play!

## Help develop Inclusive Play Spaces!

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breaking barriers through play

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>> The Kilikili team