

presentation 3

Recap

**Narrowing Focus** 

**Interview and Insights** 

**Curriculum Breakdown** 

Ideation

**Intervention Groups** 

Recap

**Narrowing Focus** 

**Interview and Insights** 

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**Intervention Groups** 

Recap

Narrowing area of focus

Possible approaches

**Interview and Insights** 

Feedback

**Curriculum Breakdown** 

Ideation

**Intervention Groups** 

Recap

Narrowing area of focus

Interview and Insights — Mayura

**Curriculum Breakdown** 

**Primary Insights** 

Ideation

**Intervention Groups** 

Recap

Narrowing area of focus

**Interview and Insights** 

Curriculum Breakdown —

**Identifying Scope** 

Ideation

**Topic Mapping** 

**Intervention Groups** 

**Chosen Topic** 

Recap

Narrowing area of focus

**Interview and Insights** 

**Curriculum Breakdown** 

Ideation — Ingredient List

**Intervention Groups** 

**Idea Generation** 

Recap

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### problem area

A system that better imparts both sexual health education and socio-emotional education.

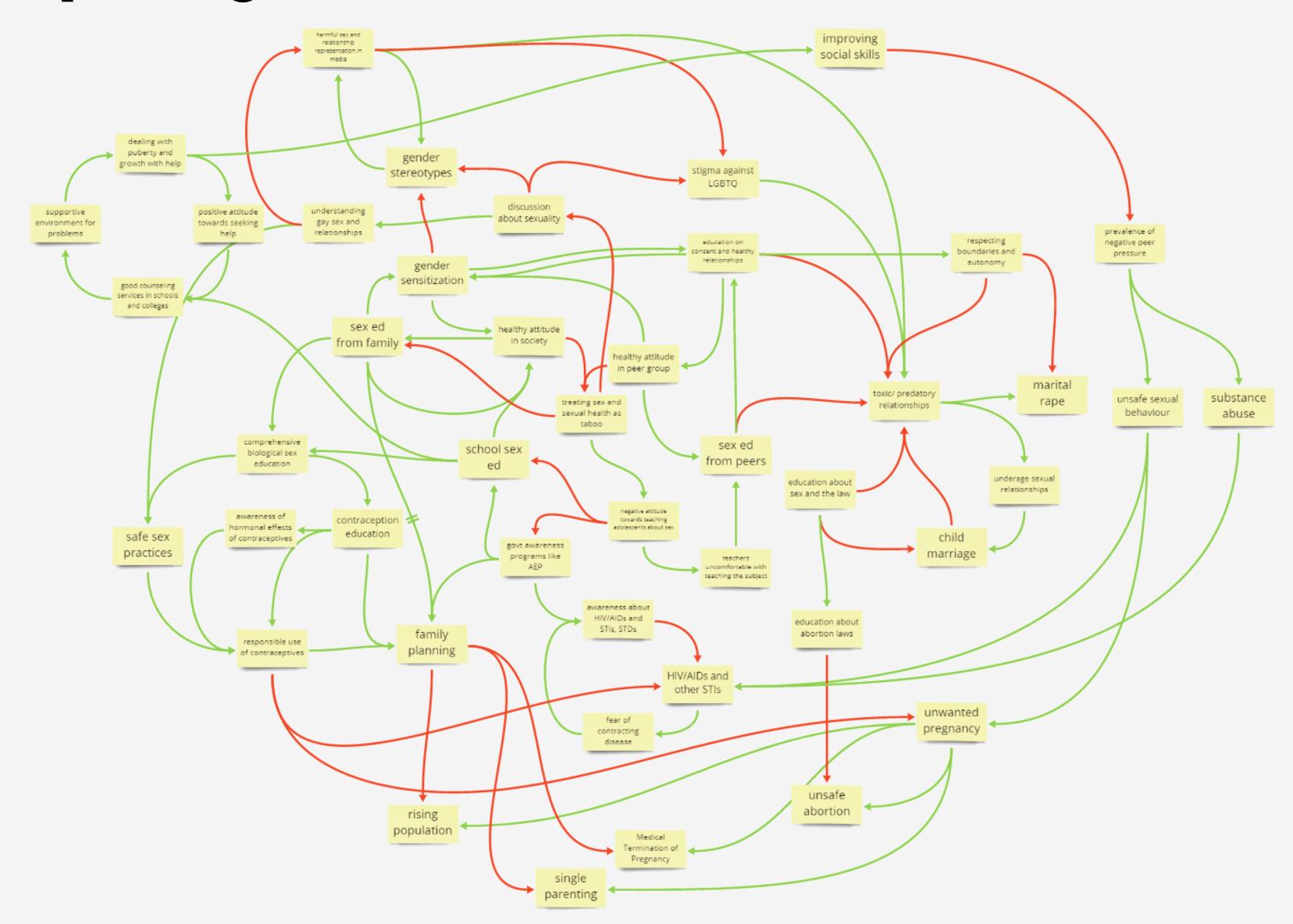
Together, we have termed this as 'social and intimate maturity'.

Sexual Health and Education Education

Social and Intimate Maturity



# causal loop diagram

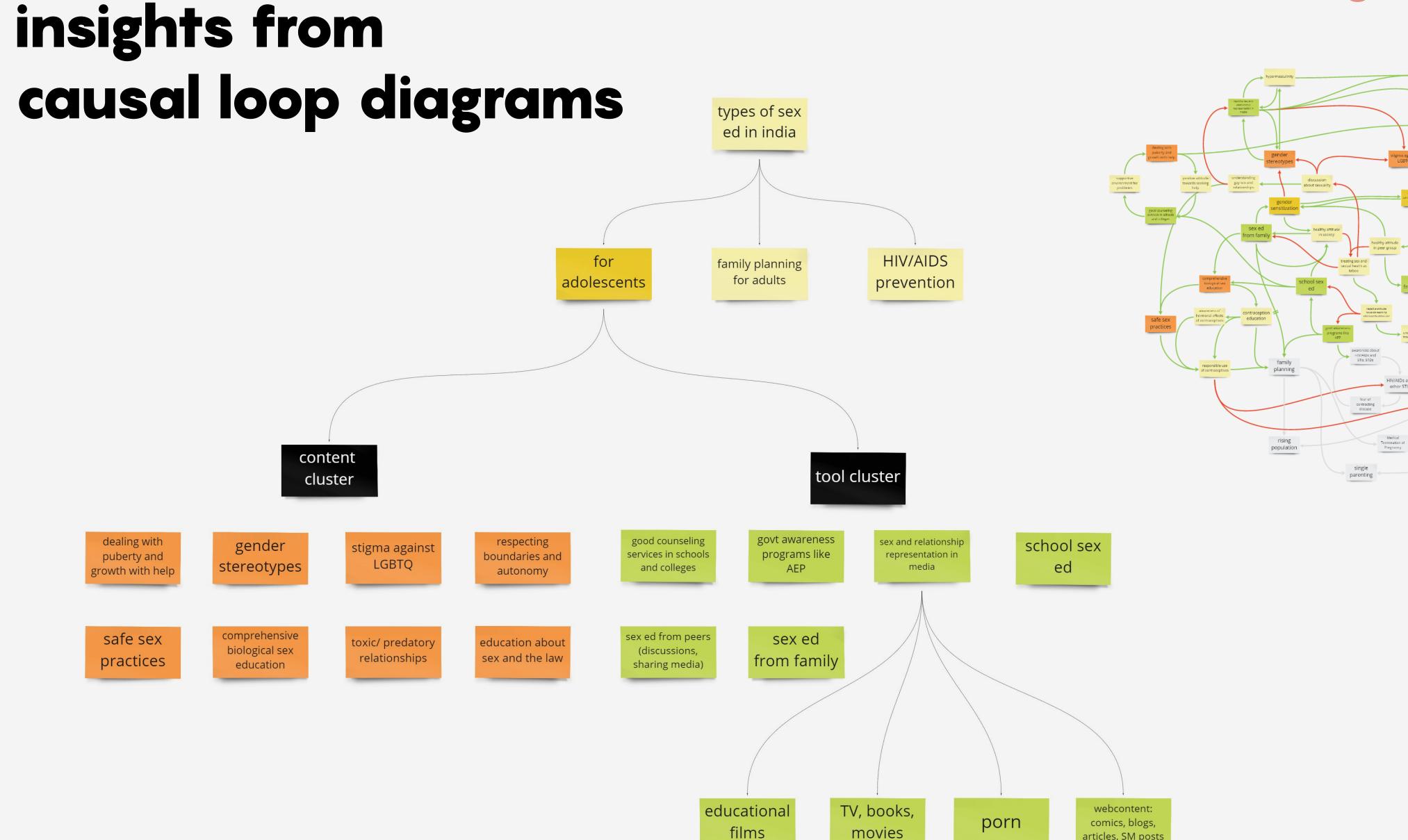




# narrowing focus

### narrowing area of focus

articles, SM posts



#### narrowing area of focus

### possible approaches

# **Curriculum for SIM education**

animated, interactive content

serialised content

# Counselling system for SIM in schools

organisation of counselors

Akanksha model for reference

# Peer mentored system

internet based forum

mentorship system

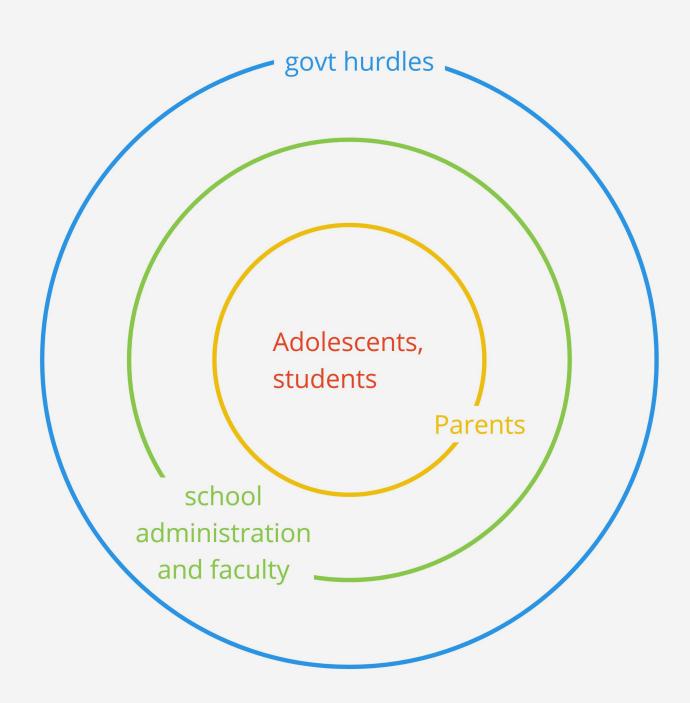
big brother/ big sister model

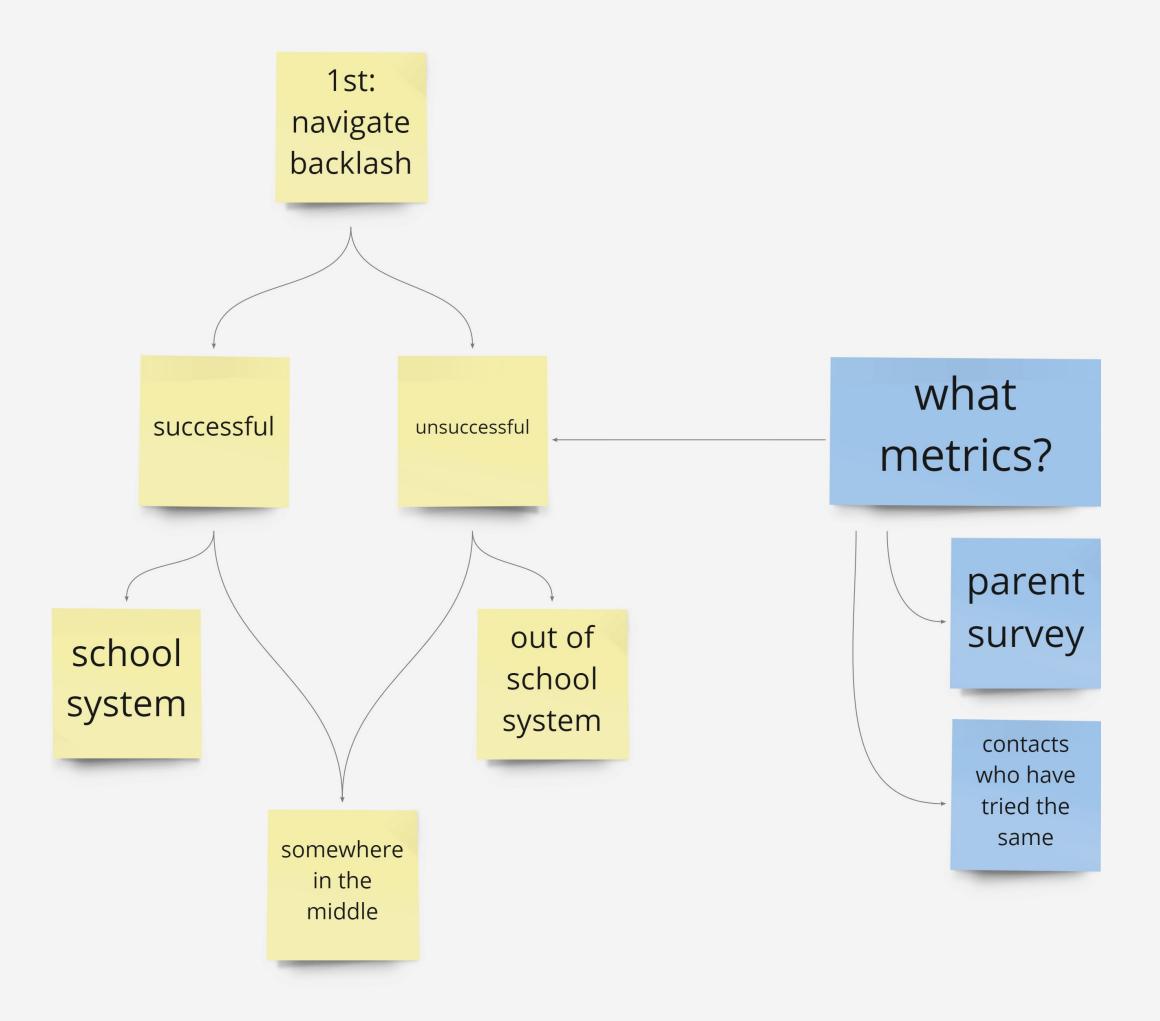
advice and stories from people in similar age groups

#### narrowing area of focus

### navigating backlash

a rough plan to navigate any backlash that our intervention may face.





### feedback

Designing the entire curriculum may not be within the scope of this module.

Narrow it down to a particular topic or age group

or

Focus more on the delivery systems and design a way to get across the information to the adolescents

### narrowing area of focus



### mayura datar

#### 2 relevant projects:

- P2, Card Game (Adults)
- P3, App (All ages)

#### Collaboration with NGOs:

- Prayas Group
- Akanksha Foundation

#### Focus:

- Safe sex practices
- Adolescence and Puberty



## insights

interview and insights

**Facilitator Model** 

Curriculum

**Peer Education** 

**Online Media** 

**Attitudes** 

## insights

**Facilitator Model** 

Curriculum

**Peer Education** 

**Online Media** 

**Attitudes** 

Almost always important to have a facilitator conducting sessions

Facilitators are trained and integrated into the community

NGOs know their communities very well: Backlash is limited when using an NGO's scaffolding

Fully mechanized systems cannot achieve what facilitators with materials can

However, with a facilitator, experiences are not private

### insights

**Facilitator Model** 

Curriculum

**Peer Education** 

**Online Media** 

**Attitudes** 

We are not the experts in content

Often, our best efforts are in the delivery mechanism:

How does the curriculum reach audiences?

Harmful yet common sex ed:

- Portrays girls as victims
- Ignores boys and their development
- Makes sex shameful

### insights

**Facilitator Model** 

Curriculum

**Peer Education** 

**Online Media** 

**Attitudes** 

#### It's always easier to open up with a friend

Facilitators should be someone who the group can identify with

Akanksha model was to just have a **conversation** with students

### insights

**Facilitator Model** 

Curriculum

**Peer Education** 

**Online Media** 

**Attitudes** 

Seems simple, but is very complex

Answers to simple questions change with context

Anonymous interactions help people open up and seek help - but how do you make sure it's reliable information?

Creating a good portal for information would be a good VC challenge

Find the gaps in existing online solutions

### insights

**Facilitator Model** 

Curriculum

**Peer Education** 

**Online Media** 

**Attitudes** 

Facilitators need to be skilled, socially and emotionally

Need to let the naughtiness out of the system

Problem of interest: how do you develop positive attitudes in facilitators?

All organizations face issues of own prejudices and biases clouding info



# curriculum breakdown

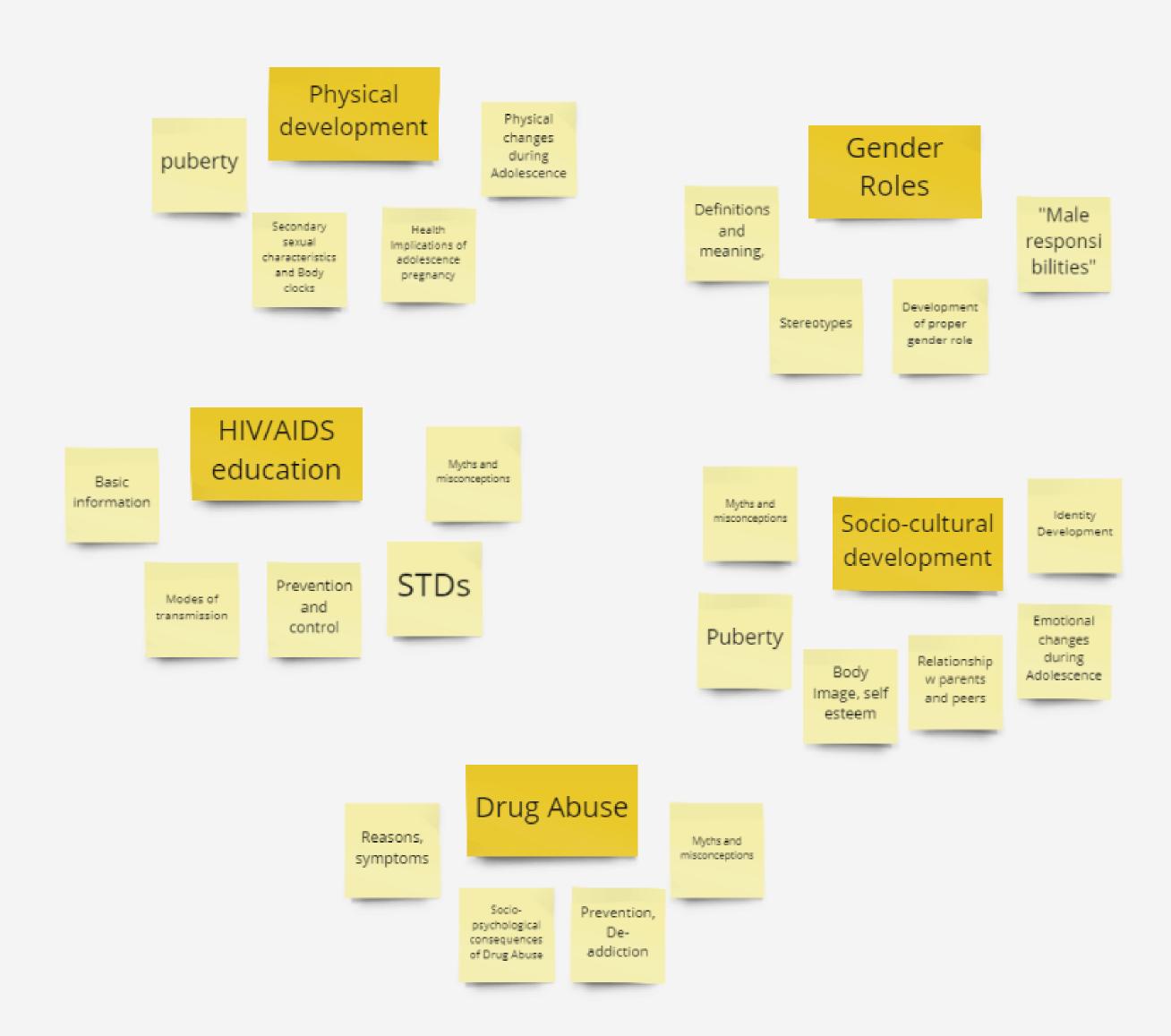
### identifying scope

AEP structure and curriculum points

#### Main areas:

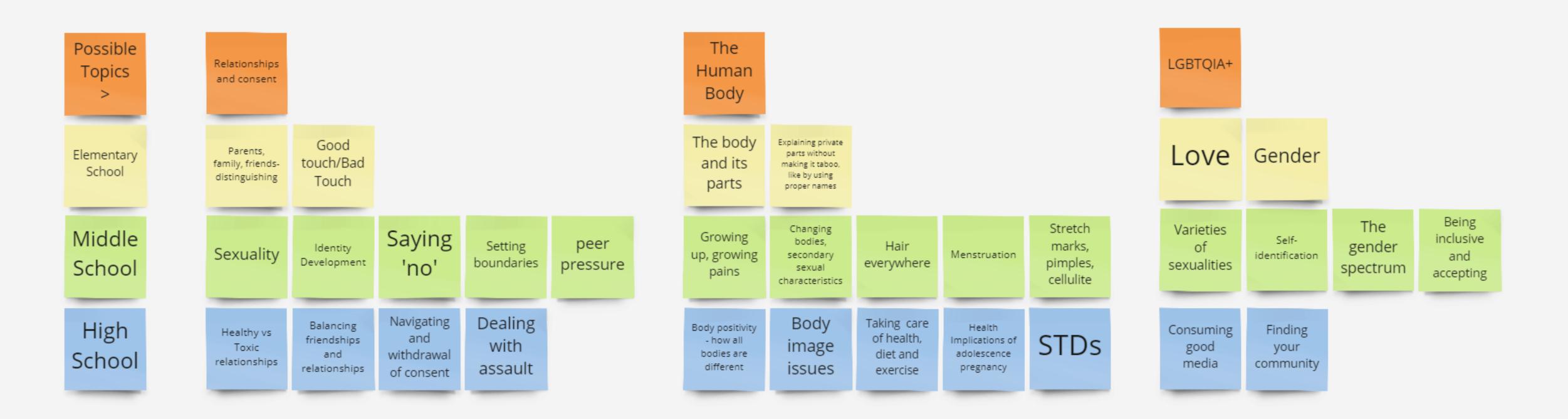
- Physical Development
- Social/Cultural Development
- Gender Roles
- HIV/AIDS education
- Drug Abuse

#### curriculum breakdown



#### curriculum breakdown

### topic mapping



Topics mapped by age and grouped into broad categories, to aid choosing of a focus area for this project Decided to choose focus from a **single category and age group,** to allow for focus on specific delivery

### chosen topic

Social and Intimate Maturity during Coming of Age

**Identity Development** 

Relationships with parents and peers

**Emotional changes during adolescence**  Body Image, Self Esteem

Physical changes during adolescence

First experiences of attraction

**Hair Growth** 

Menstruation

**Stretch Marks** 

Acne, Cellulite



### essential components

**Content Form** 

Media and format of content and curriculum

Delivery

Delivery systems for curriculum media

**System** 

Larger systems within which multiple delivery mechanisms exist

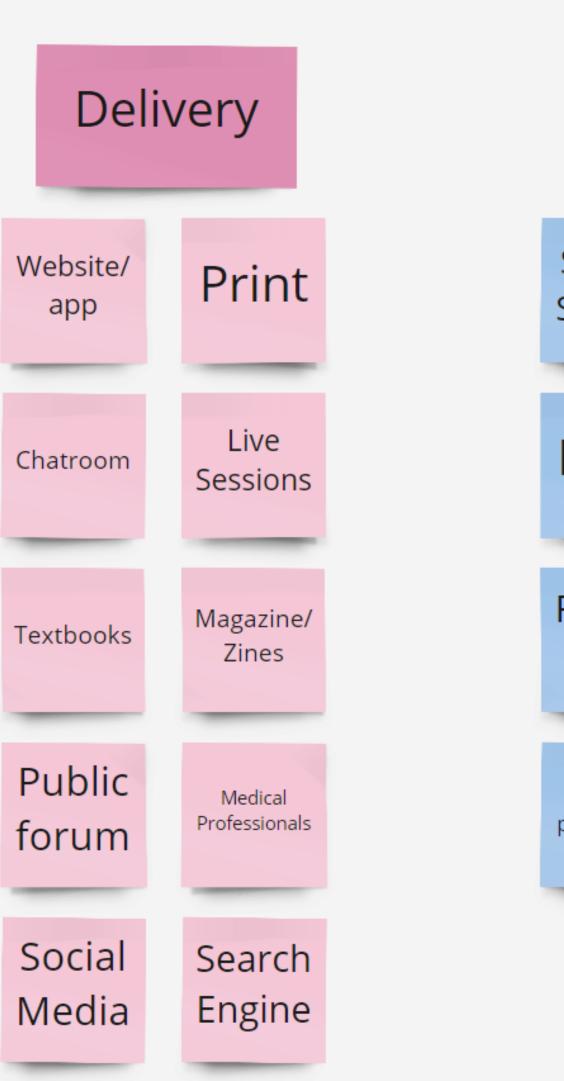
#### ideation

## ingredient list

Ingredients can be mixed and matched to create systems

Different combinations will serve a variety of purposes within the larger system

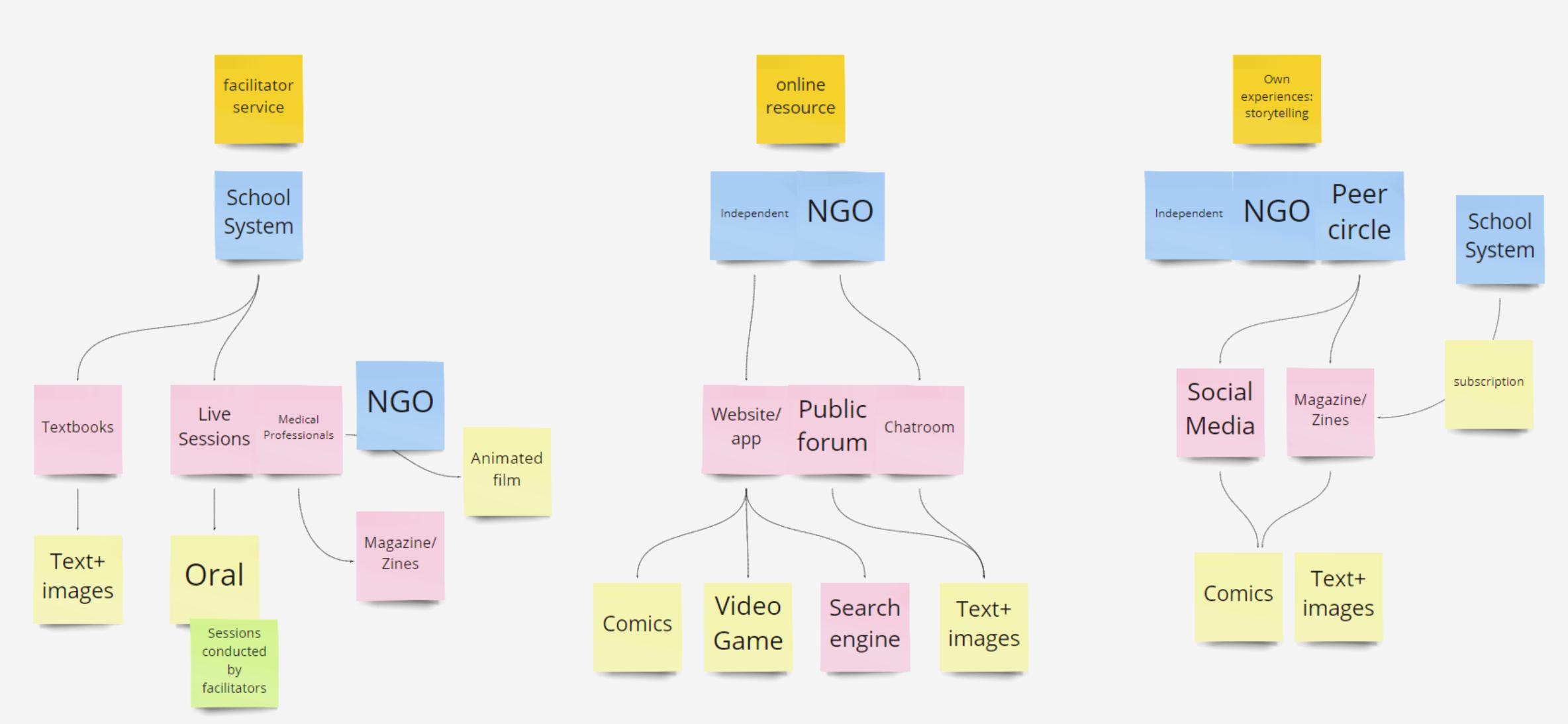






#### ideation

### idea generation





# intervention groups

### three models

intervention groups

**Online Resource** 

**Facilitator Service** 

**Shared Experiences** 

#### intervention groups

### online resource

**Online Resource** 

**Facilitator Service** 

**Shared Experiences** 

Independent of the school system

#### NGO run

**Private, anonymous access** to digitized content avoids fear of humiliation

Articles and illustrations, comics, in-site games, quizzes

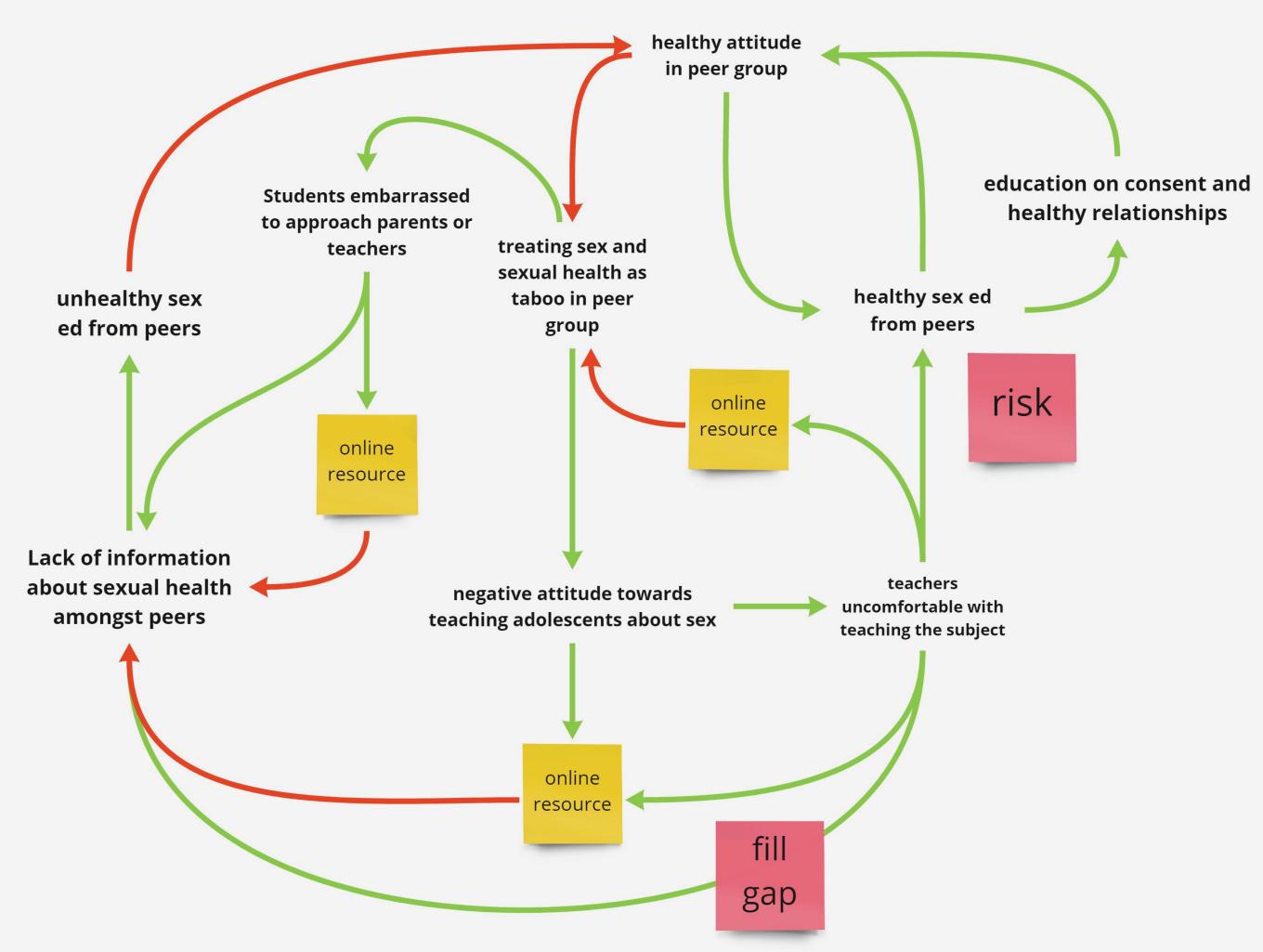
- Bodily functions
- Emotional experiences
- Social changes

#### Chatroom

- Conversations with trained facilitators
- Help find resources and answers

#### online resource

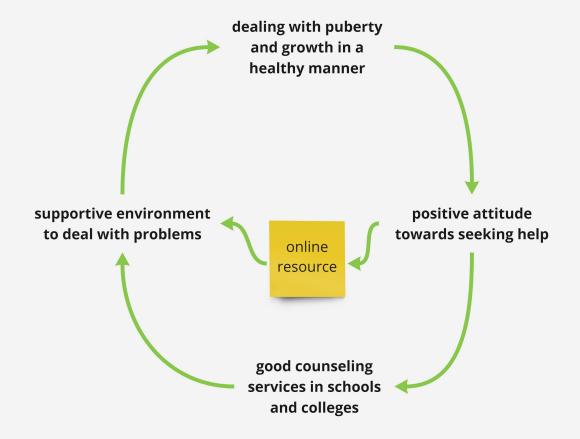
# system fitting



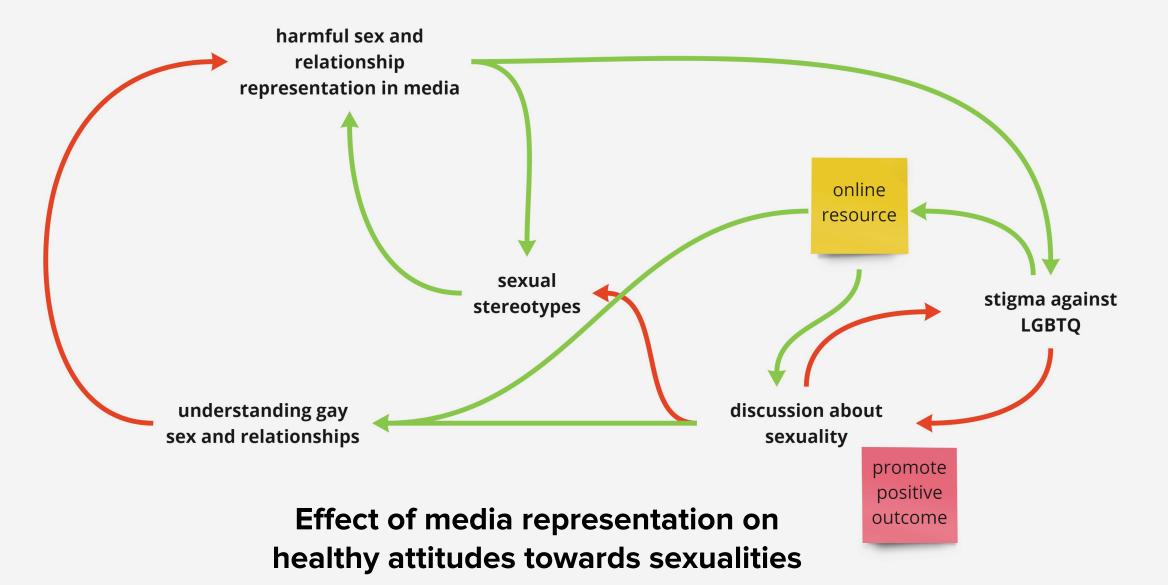
Sub-system of attitudes of peer groups and educators about teaching and receiving sex education

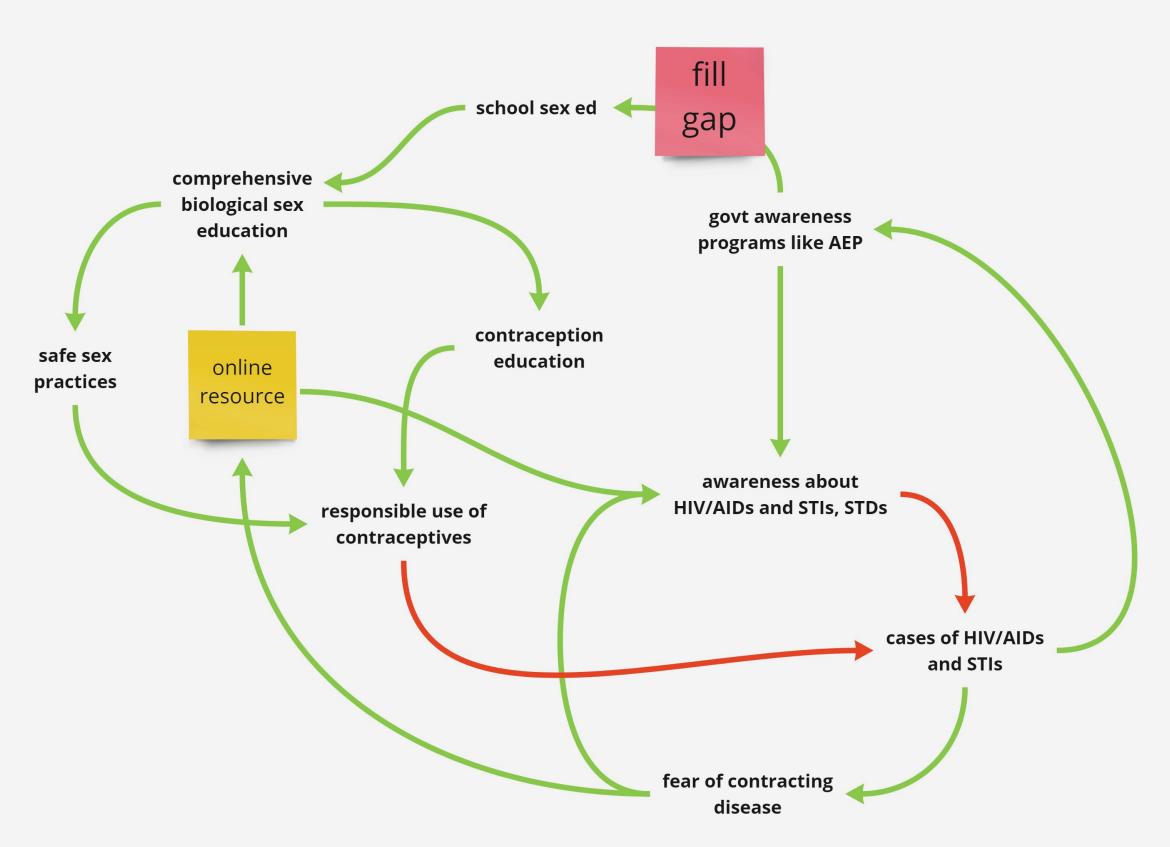
#### online resource

# system fitting



### Development of support systems for dealing with puberty





Sub-system of impact of education and awareness on STDs

#### online resource

# system role

**Online Resource** 

**Facilitator Service** 

**Shared Experiences** 

#### **Bypass**

Risk of unhealthy peer education

#### **Provide Framework**

- Fill gaps in formal systems
- Promote positive outcomes in causal loops

### facilitator service

**Online Resource** 

**Facilitator Service** 

**Shared Experiences** 

# Providing trained personnel to schools to adopt the role of guidance counselor

Use curated material to spark discussions and talk to students about prescribed topics

- Film/Animated Film
- Games
- Books

Class discussions + private conversations when needed

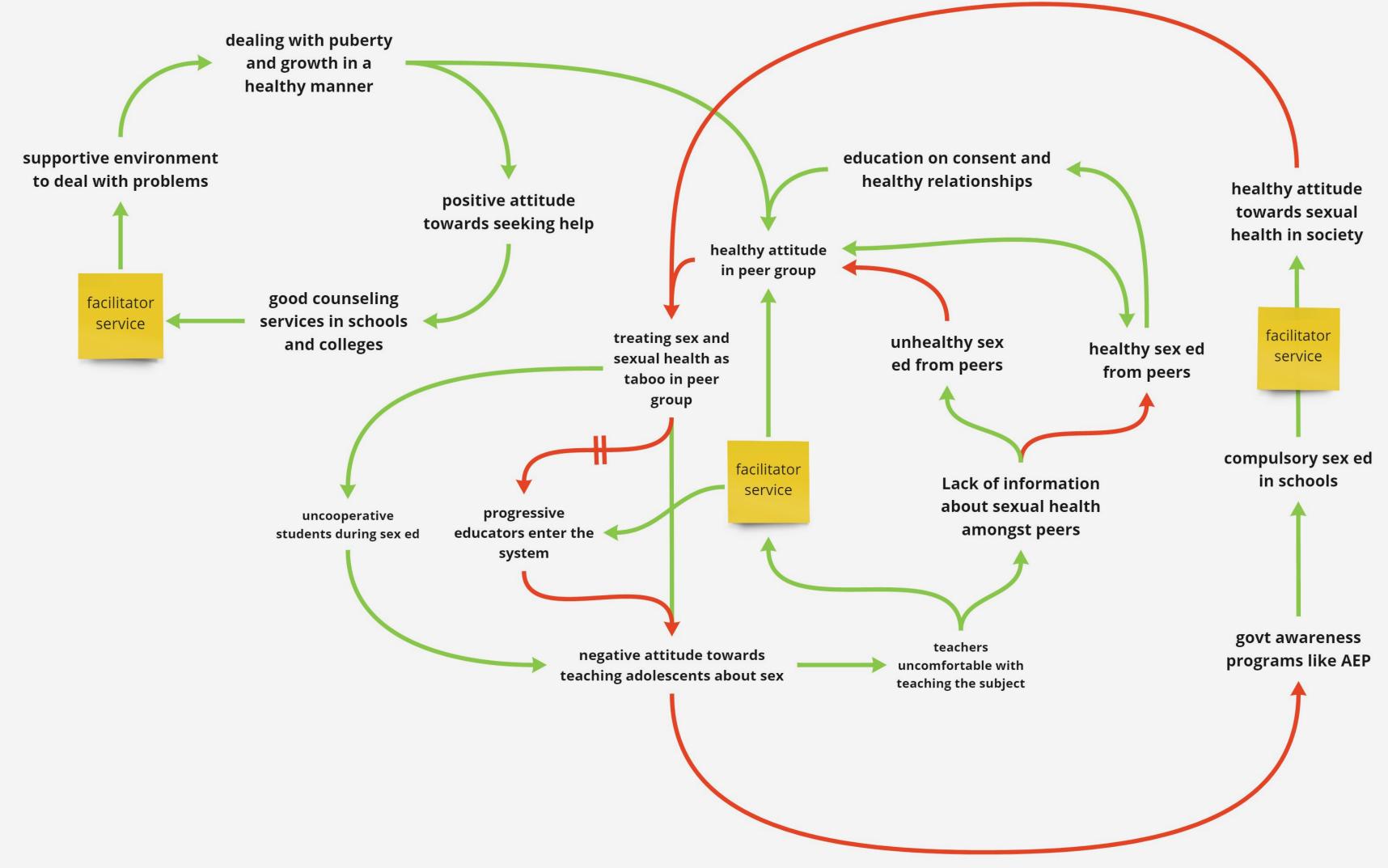
#### Serialized, coherent curriculum

Regular interaction builds trust with students

As part of the school system, would have the largest reach

#### facilitator service

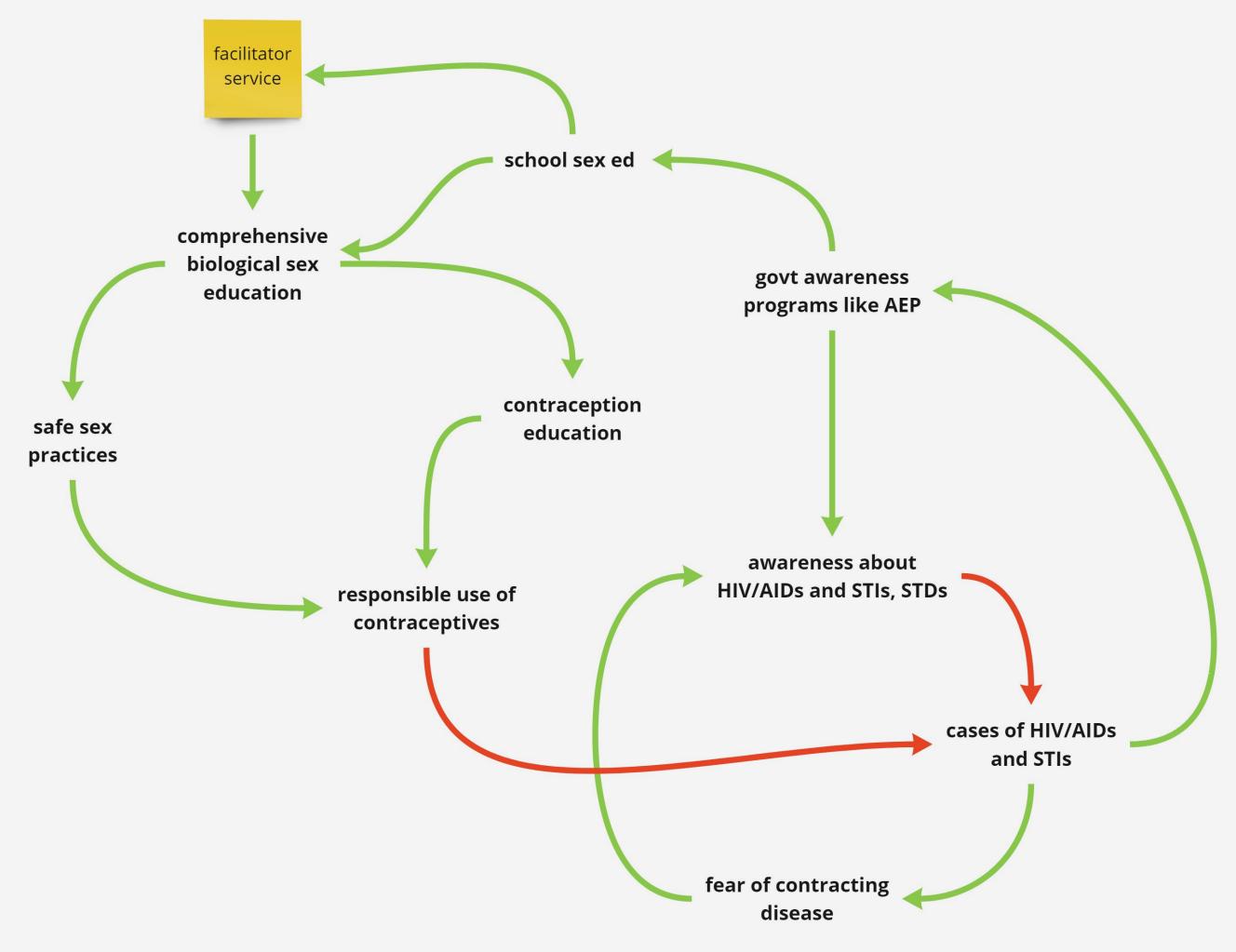
# system fitting



Sub-system of attitudes of peer groups, educators and society about teaching and receiving sex education

### facilitator service

# system fitting



Sub-system of impact of education and awareness on STDs

### facilitator service

# system role

**Online Resource** 

**Facilitator Service** 

**Shared Experiences** 

#### **Bypass**

- Risk of unhealthy peer education
- Delay in positive outcomes in causal loops

#### **Provide Framework**

Define effective formal system

### own experiences

**Online Resource** 

**Facilitator Service** 

**Shared Experiences** 

Students depend on peers for support and education

NGO run

Anonymous submission of content helps adolescents open up and seek answers

Peers and older kids who have gone through the same are able to offer support and recognition

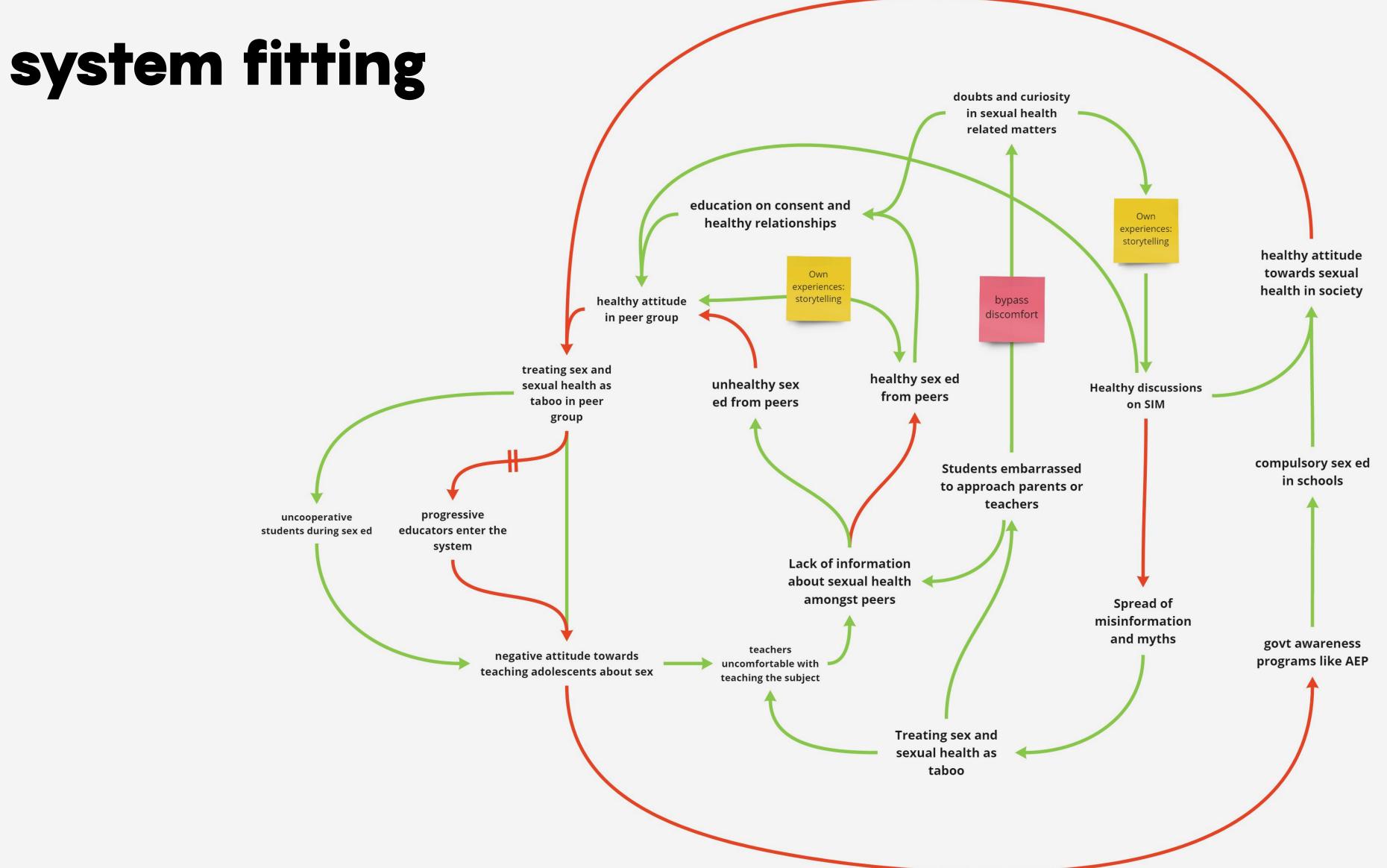
Stories and art published

- Social Media
- Magazine/Zine

Schools encouraged to provide zine subscriptions to students

Knowing that one is rarely alone in their experiences is very important for socio-cultural development

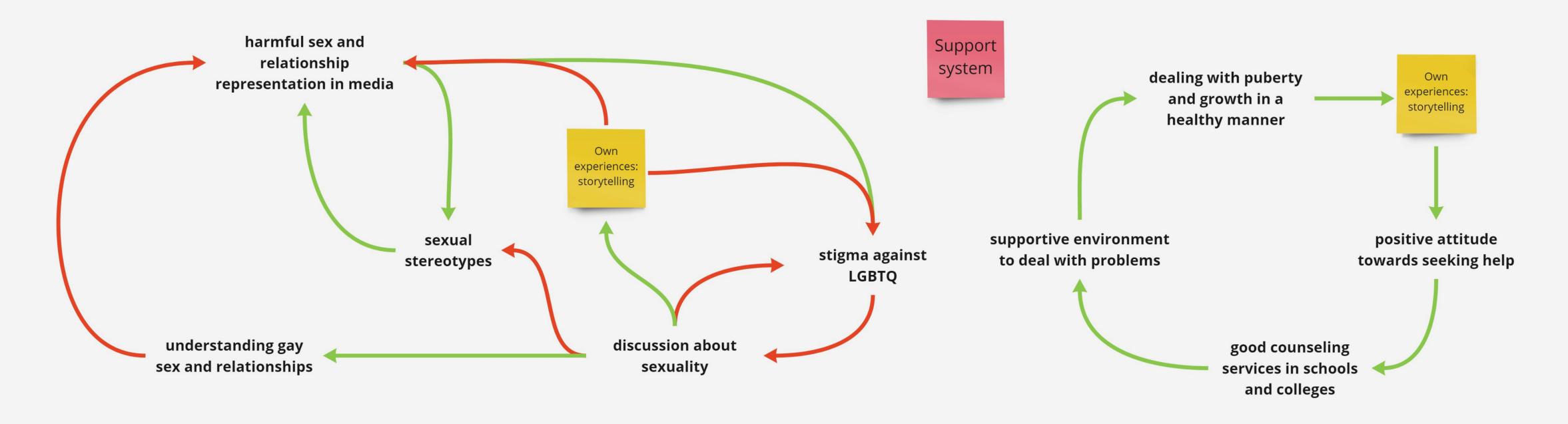
### own experiences



Sub-system of attitudes of peer groups, educators and society about teaching and receiving sex education

### shared experiences

# system fitting



Effect of media representation on healthy attitudes towards sexualities

Development of support systems for dealing with puberty

### shared experiences

# system role

**Online Resource** 

**Facilitator Service** 

**Shared Experiences** 

#### **Bypass**

Discomfort and hesitation

#### **Provide Framework**

- Support systems
- Promote positive outcomes in causal loops

### pros and cons

Pros

anytime, anywhere access

independently accessed

privacy, anonymity

embarrassment of asking questions bypassed

replaces risky googling

Cons

based on individual initiative: low reach

limited to internet access

because private, doesn't help address feeling of taboo Constraints

content driven website prototype

time intensive

**Shared Experiences** 

**Online Resource** 

**Facilitator Service** 

### pros and cons

Constraints Pros Cons bound to school's part of school system: no tangible proof of **Online Resource** concept save for sample greatest reach conservative attitude curriculum wholesome, structured curriculum needs to be curriculum contextualized for a given **Facilitator Service** community student access to trained mentor who can help with very dependent on personal problems facilitator speeding up the process most expensive **Shared Experiences** of systemic change in the hard to form bonds with school system students in a formal setting

### pros and cons

catharsis of expression

Pros

gateway to increasing comfort of sharing

promotes discussion

high reach potential if adopted by schools

greater sense of community and belonging

Cons

less of a structured curriculum

to be school-acceptable, content would have to be trimmed/cater to schools

hinges on community participation

Constraints

tight project timeline

**Facilitator Service** 

**Online Resource** 

**Shared Experiences** 



# future steps

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This week

**End of module** 

Flesh out the finalised system

- Create and organise details of content
- Describe through diagrams the delivery system

Contact educators who have worked in this field

# future steps

#### This week

#### Flesh out the finalised system

- Create and organise details of content
- Describe through diagrams the delivery system

Contact educators who have worked in this field

#### **End of module**

Provide proofs of concept for content and delivery systems

Adjust content and delivery system into larger systems

Get user feedback

